

FACULTY MEMBERS
AND ALIKE UNIT



كلية الأمير سلطان العسكرية للعلوم الصحية بالظهران
PRINCE SULTAN MILITARY COLLEGE OF HEALTH SCIENCES, DHARAHAN



كلية الأمير سلطان
العسكرية للعلوم الصحية بالظهران

Prince Sultan Military
College of Health Sciences Dhahran

FACULTY HANDBOOK

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Table of Contents

History of Kingdom of Saudi Arabia and Eastern Province	2
Other Information about Saudi Arabia	2
• National Day	
• Calendar	
• National Flag	
• Currency	
• Official Holidays	
Information about Eastern Province	3
Islam Brief Description	3
Prince Sultan Military College of Health Sciences	4
College Vision, Mission, Values & Strategic Goals	5
College Organizational Structure	6
The College Vice Deanship of Academic Affairs	7
• The Vice Deanship of Academic Affairs Organizational Structure	7
Academic Departments	8
• Anesthesia Technology	8
• Clinical Laboratory Sciences Department	9
• Emergency Medical Services Department	10
• Respiratory Care Department	12
• Nursing Department	13
• Biomedical Technology Department	14
• Dental and Oral Health Department	15
• Health Information Management (HIM) Department	17
• Health Services Administration Department	18
The Preparatory Year and Supporting Studies	19
Administrative Support Departments	20
Vice Deanship of Postgraduate Studies and Research	21
Vice Deanship of Development and Quality	22
Vice Deanship of Training and Internship	23



Table of Contents

Human Resources Directorate (HRD)	24
• Employee Relations	
• Leave and Travel	
• Government Relations	
• Payroll	
• Banking and Salary	
• Medical Proceedings	
• Medical Coverage	
• Iqama and Passport	
Housing	26
• Inside Campus	
• Outside Campus (Khobar & Damma)	
Transportation	27
• Transportation Service & Car Dealers	
College Recreation	28
• Mission and Location	
• Recreation Center Operating Hours	
• Recreational Facilities	
• Basement Amenities	
• Swimming Pools & Sauna	
• Male & Female Weights Rooms	
• Recreation Activities	
• Off-Compound Trips	
• Meceda Recreation	
• Recreation Magazine	
Kids School in Eastern Province	31
Outside Recreation in Eastern Province	
• Public Beaches	
• Places to Visit	
• King Abdulaziz Center for World Culture (Ithra)	
• Sports Facilities	
Appendices	32
• Car Dealers	
• Kids School in Eastern Province	
• City Banks, Shopping & Restaurant	
• Sports Facilities (Damman & Khobar)	



History of Kingdom of Saudi Arabia & Eastern Region

The Kingdom of Saudi Arabia lies at the furthermost part of southwestern Asia. It is bordered by the Arabian Gulf, United Arab Emirates and Qatar in the east; Red Sea in the west; Kuwait, Iraq and Jordan in the north; Yemen and Oman in the south. It occupies about four-fifths of the Arab Peninsula, with a total area of around 2,000,000 square kilometers. It is said to be the second largest state in Arab world. Its large area makes the climate varies from one region to another because of the topographic features and its subtropical high-pressure system, the Kingdom is generally hot in summer and cold in winter where rains fall often. Moderate climate is seen in the west and the southwestern part of the Kingdom; dry hot summer and cold winter in the interior parts; and high temperature and humidity in the coastal areas.

The kingdom was founded in 1350AH, (1932A.D.) by His Majesty Abdulaziz Bin Saud. He conquered his family's ancestral home city in Riyadh in 1902. He took control of the nearly all of Central Arabia, Najd in 1922, Hejaz in 1925 and extended in dominions and that's what makes "Kingdom of Saudi Arabia" in 1932. As the ruler of the founded nation, he presided over the discovery of petroleum in Saudi Arabia in 1938 and the large scale production of oil begun after the World War II.

Saudi Arabia is an absolute monarchy, with a basic law. The Basic Law of governance was established in 1992 and based on the Sharia (Islamic Law). The law names the Koran, the Muslim holy book, the Sunna, and the Prophet's teachings and deeds. Saudi Arabia has two holiest places namely Mecca (Al Masjid al-Haram) and Medina (Al Masjid an-Nabawi) that's why it is also called as the "the Land of the Two Holy Mosques".

Other information about Saudi Arabia

National Day - Saudi Arabia celebrates its National Day every 23rd of September of each year in commemoration of the founding of the Kingdom, His Majesty King Abdulaziz Abdul Rahman Al Saud.



Calendar – The official calendar is Hijri Calendar. Hijri year consists of 354 days divided into 12 lunar months starting on the day that the Prophet Mohammed migrated from Makkah to Madinah.

National Flag – the flag of Saudi Arabia has a green background with the width of 2/3 of its length. It has a calligraphy which inscribes as "La Elah Ella Allah; Mohammed Rasul Allah", a Islamic testimony. Beneath it is an Arab sword, the handle of which is turn to the direction of the flag's mast. Its national emblem is a palm tree on top of the two crossed swords. The swords symbolize strength, stamina and sacrifice while the palm tree symbolizes vitality, growth and prosperity.



Currency – the Currency of Saudi Arabia is called Saudi Riyal which is gold plated convertible and divided into 100 Halalas. It has the following denominations; paper notes : one Riyal, five, ten, twenty, fifty, one hundred Riyals, two-hundred and five-hundred Riyals; Coins : one Riyal, fifty, twenty five, ten and five Halalas. The exchange rate is 3.77 Saudi Riyals per one U.S dollar.



Official Holidays

Weekend: Friday and Saturday

Eid Al Fitr: From the 25th of Ramadan to 5th of Shawal for a duration of 10 days extending up to two weeks

Eid Al Adha: From the 5th to 15th of Thul Hujja.

National Day: It is set on the 1st day of Libra, in very 23rd of September of each year.

Information about Eastern Province

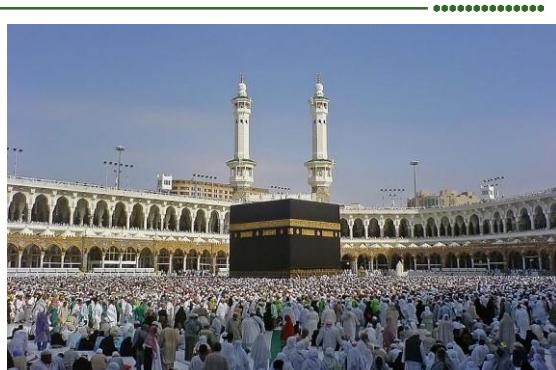
Eastern Province is the largest of the 13th provinces in Saudi Arabia. The territorial division includes 10, districts. The largest towns include: Dammam, Al-Hasa, Al-Jubail, Ras Tanura, Dhahran, Al-Khobar, and Al Qatif. The largest sand dune desert in the world and the largest oil field in the world, the Ghawar are located in this region. The most unique feature of Eastern Province is that, it has enormous natural resources especially in oil and gas.



Today's time, the activity of the region is mainly driven by the exploitation of the oil and gas reserves by the state-owned company ARAMCO. The province is also well linked to Kingdom's other provinces and to strategic ports of the Red Sea in the west. Not only that, Eastern Province is considered to be the most industrialized part of the Kingdom too. In addition, the province has a magnificent sand coastlines and with beautiful public parks, where families mostly spend their times for recreation.

Islam Brief Description

The Arabian Peninsula has been the birthplace of the call of Islam. It is the place to which the heart of all Muslims yearns. Muslims from around the world travel to Mecca and Medina to perform Hajj every year, and moreover Muslims face to Kabaa in every prayer to reflect the unity of Muslims; this does not mean that they pray to the Kabaa; they pray to Almighty God.





Prince Sultan Military College of Health Sciences, Dhahran

His Royal Highness Prince Sultan bin Abdulaziz Al Saud, may Allah have mercy on him, inaugurated the College on 16 Safar 1409, corresponding to September 27, 1988. The College was established by the General Directorate of Medical Services of the Armed Forces of the Ministry of Defense. The field of health care was also approved by the Ministry of Higher Education.

The health training programs offered by the College were selected in response to the need for qualified medical staff in various clinical departments. The programs were designed to provide students with the opportunity to acquire sound theoretical and scientific knowledge in the clinical field. The College seeks to meet the growing demand of medical services for health science graduates to cover Hospitals of Medical Services of the Armed Forces with Saudi workers in the Kingdom.

Prince Sultan Military College of Health Sciences is the right educational institution that enables you to work well in the field of health care, where you have health programs that have their place in Saudi Arabia, due to the following reasons:

- ❖ The duration of the study includes eight (8) semesters; after which, the student will undergo one year internship training where he/she can practice effectively and adequately in their chosen field.
- ❖ The College adopts a standard academic plan that works on student excellence. The philosophy is to distribute a small number of students in the lecture halls so that every student has the opportunity to engage in direct interaction with faculty members.
- ❖ The graduates of the college have a track record of outstanding performance as well as in academic excellence; thus, the College has been recognized by medical institutions for its excellence in healthcare programs by their quality standard education.



College Vision

To be a leading regional college with the highest internationally acclaimed standards in the field of health sciences.

College Mission

Prince Sultan College is dedicated to educating and training health care professionals with competitive abilities and leadership skills by offering academic programs, conducting research, and providing community services in accordance with the best quality standards for the development of health care at the national level.

College Values

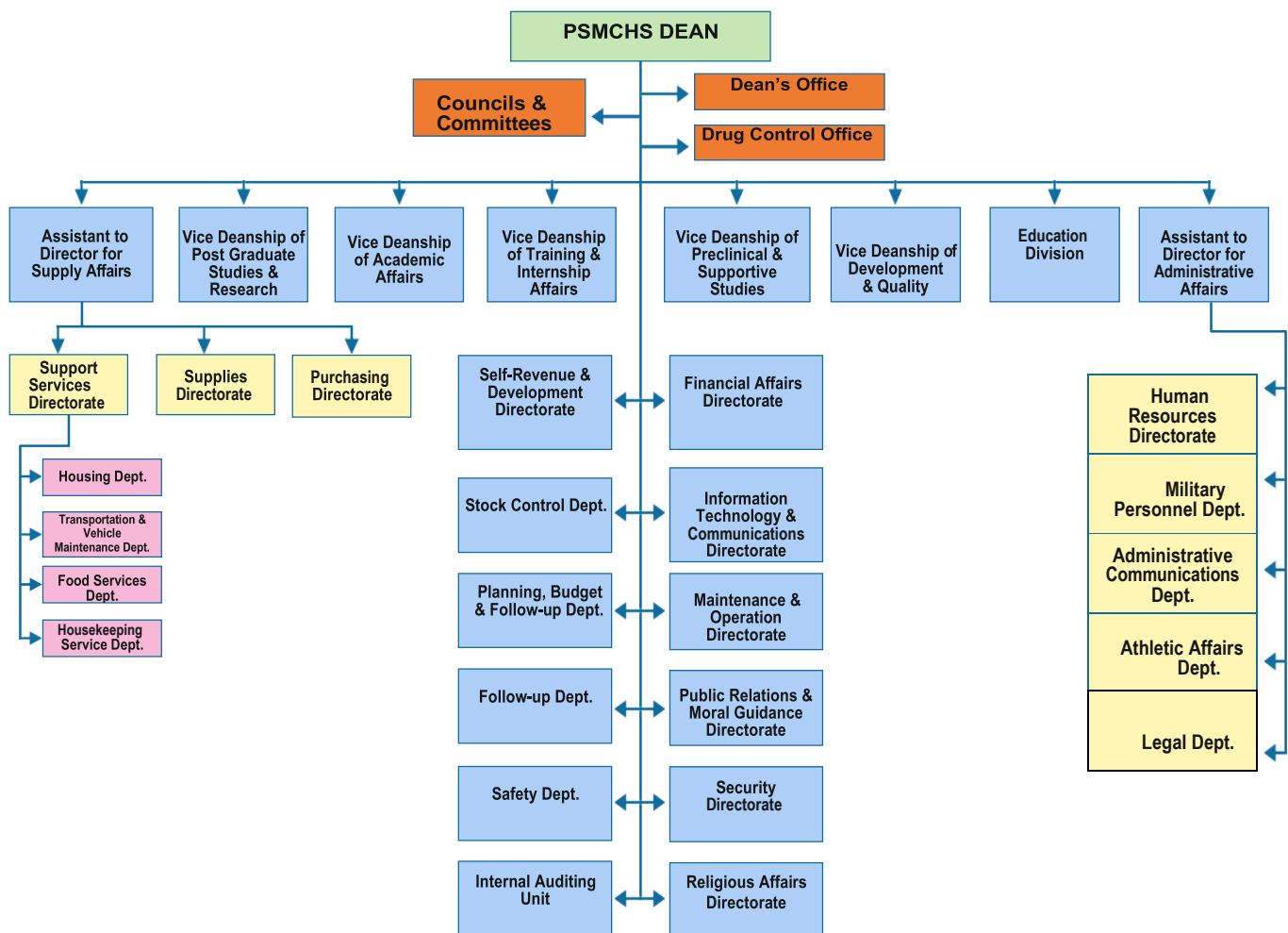
- ❖ **Fairness:** **PSMCHS** views fairness as the highest value in conducting all its functions and activities.
- ❖ **Efficiency:** **PSMCHS** strives to improve its overall performance through the highest standards of quality to achieve the goals of all stakeholders.
- ❖ **Excellence:** **PSMCHS** is committed to excel in developing the ultimate work environment to stimulate creativity, novelty and scientific research.
- ❖ **Empowerment:** **PSMCHS** promote academic freedom and self-development for faculty and students through intellectual communication and teamwork

College Strategic Goals

1. To Assure Effective Management of Teaching, Learning, and Administration of the College.
2. Attaining Excellence in Providing Educational Services.
3. Building a State-of-the-Art Infrastructure of the College
4. Achieving Excellence in Scientific Research.
5. Achieving Excellence in Community Services.
6. Enriching the Self-Funding of the College



College Organizational Structure



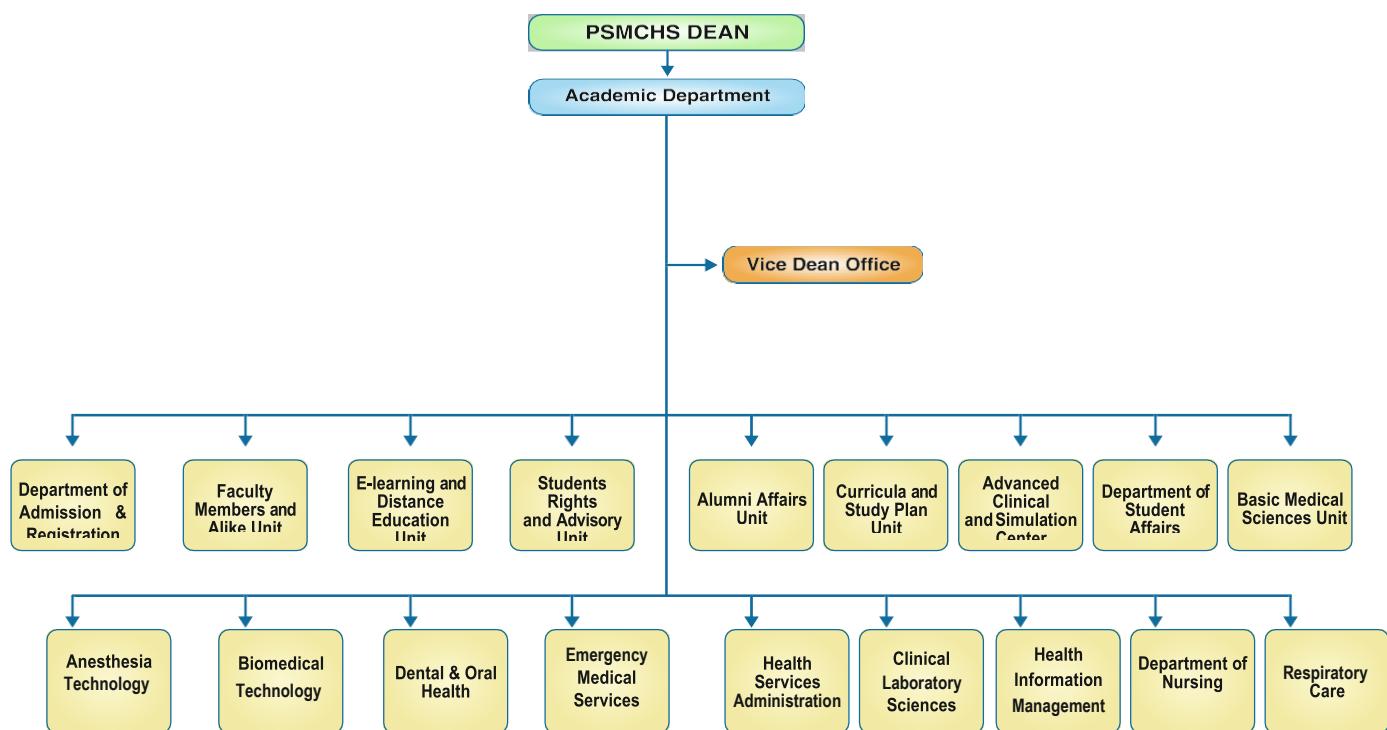
The College Vice Deanship of Academic Affairs

The Vice Deanship for Academic Affairs is concerned with all matters that will improve the academic performance of the College, specifically those related to teaching and learning. The Vice Deanship for Academic Affairs works in coordination with the heads of departments and through the numerous College committees to continuously develop the curriculum, improve teaching and learning methods, raise the performance of the teaching staff and provide academic support services, such as academic advising to the students. Furthermore, it is responsible for academic planning and implementing educational policies and programs.

Followed by the following:

1. Admission and Registration Department
2. Advanced Clinical and Simulation Center
3. Student Affairs Department
4. Curricula and Study Plan Unit
5. Alumni Affairs Unit
6. Student Rights and Advisory Unit
7. E-learning and Distance Education Unit
8. Faculty Members and Alike Unit
9. Academic Departments:

The Vice Deanship of Academic Affairs Organizational Structure



Academic Departments

Anesthesia Technology Department

Vision

Anesthesia Technology Program is committed to be a leading regional program with highest recognition in the field of anesthesia technology's teaching, learning and clinical competency.

Mission

To graduate ANES Technology specialists with the necessary clinical competencies through education and practical training environment according to national standards, conduct research and serve the community.

Objectives

1. Provide continuous education and training; to develop scientific and professional aspects to meet the needs of the society.
2. Graduate a clinically competent Anesthesia Technology Specialist.
3. Upgrade the anesthesia technology curriculum to builds the students educational and career goals in a success-oriented learning environment.
4. Recruit and retain qualified outstanding faculty members to contribute to the professional development process.



Introduction

The Bachelor of the Anesthesia Technology Program at Prince Sultan Military College of Health Sciences (PSMCHS) is designed to prepare Anesthesia Technology Specialists to provide basic, essential anesthetic care to the community. They work in accredited general hospitals, community hospitals and specialty medical centers under supervisory anesthetists. The program prepares, trains, and equips students to practice better and safer anesthesia, in order to reduce morbidity and mortality in the community, related to surgery and anesthesia. These graduates also play an important role in critical care. The teaching method in the anesthesia and intensive care departments is comprised of a combination of theoretical coursework and practical, which are conducted with specimens and manikins, directly followed by clinical management of patients. After graduation, the Anesthesia Technologist provides essential anesthetic care to the community, under the supervision of an anesthetist or anesthesiologist.



Clinical Laboratory Sciences Department

Vision

Excellence and leadership in education, research and community services in the field of clinical laboratory science nationally and regionally.

Mission

To provide a learning environment that results in skilled clinical laboratory specialists with the technical and leadership competencies, to conduct research and to serve the community.

Objectives

- ❖ Provide appropriate teaching and learning experiences to achieve high standards of competence.
- ❖ Develop and instill professional attitudes, sound working practices, management and leadership skills with high levels of quality and safety in clinical laboratories.
- ❖ Raise awareness among CLS graduates about the importance of continuous education, scientific research, professional improvements and community services.
- ❖ Establish, implement and maintain a curriculum that generates remarkably skilled CLS specialists.

Introduction

The applications of rapid diagnoses of diseases through modern scientific techniques, is one of the prime reasons for the magnificent evolution in healthcare during the last few decades. The Department of Clinical Laboratory Sciences at the Prince Sultan Military College of Health Sciences (PSMCHS) is committed to providing these invaluable services through a five years bachelor program in applied Clinical Laboratory Sciences (B.Sc).



The first year is Pre-Clinical studies, followed by three years Clinical studies and a final year of hospital internship. Consequently, upon the completion of internship, the CLS graduates can apply to work as clinical laboratory scientists/ technologists in hospital laboratories, forensics, public health departments, research laboratories and as quality control officers in the food and water treatment industries. The Clinical Laboratory Sciences program provides a learning environment that result in clinical laboratory professionals with the theoretical knowledge and the technical skills necessary to provide quality laboratory services. Embodied in this expertise is the ability to adapt to the changes required by advances in Medical Laboratory Science, newly developed technologies, and the changing needs of society.



Emergency Medical Services Department

Vision

To be recognized as the best national educational leader in Emergency Medical Services.

Mission

The EMS program is committed to educating and training paramedic specialists in the skills and leadership abilities needed for emergency medical services, while contributing to community services and conducting research.

Objectives

Upon graduation from the Emergency Medical Services (EMS) Program as an effective caregiver, the Paramedic should be able to demonstrate critical thinking by using the knowledge and skills he learned to create & construct the following competencies:

- ❖ Physically, mentally, and emotionally prepared to provide Emergency Medical Care; respond to the scene in a safe and timely manner and assess the scene of a medical or trauma emergency considering issues of safety.
- ❖ Participate in personal and professional development programs.
- ❖ Exercise personal judgment in case of interruption in medical direction caused by communication failure authorized in advance.
- ❖ Practice their job as a team in compliance with legal, ethical, and professional standards.
- ❖ Be active in the local community by supporting efforts and assuming a leadership role to improve primary care and/or in cases of immediate life-threatening conditions where such emergency care has been specifically citizen involvement in the Emergency Medical Service System.
- ❖ Achieve excellence and high EMS quality while in the internship.
- ❖ Conduct a scientific research.
- ❖ The program also is committed to attract motivated and skilled new faculty with high qualifications and also improve skills/abilities of faculty already working in the program.
- ❖ The faculty will be able to produce a high constructed research for publication in a medical journal.

Introduction

Diploma program: (Male only)

- ❖ Study in this program consists of 5 years, one year preclinical, three clinical years plus one-year internship, using departmental labs and simulation equipment and mannequins, by the end of program the student will be licensed for BLS, ACLS, PALS and ITLS programs. The program is accredited from Saudi Commission for Health Specialties.

Diploma program: (Male only)

Study in this program consists of three and half years, one year preclinical, 2 clinical years plus six months internship, it is only for military students, by the end of program the student will be licensed for BLS, ACLS, and military & civilian ITLS programs. The program is accredited from Saudi commission for health specialties.



Bridging program: (Male only)

Study in this program consists of two and half years, two clinical years plus six months internship, (Additional semester may be added to Low GPA students). The study in all programs covers all the needed competencies and skills by the EMS specialist to practice his job with high level of excellence and adequacy, covering all situations, which he may face as Trauma, medical emergency, cardiology, Rescue, different Scene hazards and Disasters. By the end of study the students will be certified as provider for BLS (Basic life Support), ACLS (Advanced Cardiac life Support), ITLS (International Trauma life Support), and PALS (Pediatric Advanced life Support).



Respiratory Care Department

Vision

The vision of the Department of Respiratory Care at Prince Sultan College is to be a leading program in providing high quality respiratory care education, research and community services.

Mission

To promote health care by developing and qualifying professional respiratory care practitioners to meet the society's needs and effectively participate in research and community services.

Objectives

- ❖ Enhance and expand the educational environment that meets expectations of stakeholders.
(Teaching Learning)
- ❖ Develop, deliver and assess the curriculum that produces qualified respiratory care practitioners
Recruit and retain of faculty and staff that will effectively contribute to the respiratory care professional development. (Faculty)
- ❖ Participate in programs and support systems to cultivate scientific research and scholarly output.
- ❖ Participate in the college strategic plan and partnerships for community services. (Community services)

Introduction

Along with the importance of developing and creating advanced health care services that meet with today's requirement's and the needs of the community members. The Respiratory Care Department strives to graduate highly qualified respiratory care practitioners in order to help diagnose and treat patients with cardiopulmonary disorders.

Our students learn how to apply evidence based respiratory care practice to prevent, help diagnose and treat chronic/acute disorders of the cardiac and pulmonary system. Through their understanding of using related modern technologies and medical engineering that would let them gain the skills to conduct an evaluation of patients with Heart –Lung diseases and provide the necessary awareness and treatment in a distinctive method.

Graduates of Respiratory Care program are practitioners, qualified to provide respiratory care services in hospitals, homes and other alternative health care settings in a safe and effective methods.



Nursing Department

Vision

To be a leading educational institution in the eastern province with highest national acclaimed standards of excellence in the field of education in nursing.

Mission

To prepare nursing graduates to be effective nursing specialists and leaders through a sustainable education, research and community services based on high quality national standards.

Objectives

- ❖ Provide quality education, and integrate best practices in the field of nursing
- ❖ Empower students with knowledge, skills and attitudes to graduate as competent nurses able to provide nursing care in a variety of settings to individuals, families and communities through trans-cultural nursing care
- ❖ Develop Community service
- ❖ Develop nursing research activities based on community health problems, clinical and academic needs.
- ❖ Support and improve faculty and staff performance
- ❖ Engage in national academic and professional partnerships that will promote our improvement

Empower the students with the advance Knowledge, evidence based.

Introduction

Education for professional nursing is based on the view that nursing is the backbone of the health services and plays a vital role in the promotion of health and quality of life. Nursing input in health care delivery is important to achieve health for all. Therefore, there is the need to undertake a variety of initiatives to ensure an adequate supply of appropriately prepared and qualified nurses as the demand for nursing services continues to grow. The Bachelor of Science in Nursing (BSN) degree program at the Prince Sultan Military College of Health Sciences (PSMCHS) is designed to prepare competent graduates to function as professional nurses to meet the special care needs of individuals or groups in various health care settings and in the community. As Kingdom of Saudi Arabia has an increasing demand for medical services in both governmental and private sectors. The curriculum was developed based on the philosophy that health is a dynamic process on the illness-wellness continuum, which is influenced by internal and external environmental factors that include all conditions and circumstances that surround and influence individuals, families and communities.



Biomedical Technology Department

Vision

The vision of the Medical instrumentation technology at the PSMCHS is to become leading program in the Kingdom with highest international standards in the field of study.

Mission

The Biomedical Technology program is dedicated to preparing biomedical technology specialists with the necessary competencies and leadership skills while serving the community, as well as conducting research.

- ❖ Educate students with proper techniques and skills that reflect the latest advances in the medical instrumentation technology field.
- ❖ Produce leaders that are ethical in the professional duties and serve society with highest standards.

Objectives

- ❖ Foster a research environment in the field of medical instrumentation technology that improves the quality of life by resolving healthcare technology problems.

Introduction

The Kingdom of Saudi Arabia has an increased demand for medical services in both government and private sectors. As an integral part of the Prince Sultan Military College of Health Sciences (PSMCHS), the program provides a high-quality education with crucial learning skills to enable graduates to accomplish various specialized services in health-care facilities. More importantly to participate in the sustainable development of the society through the graduates' professional, technical, communicational and problem-solving competencies. The medical instrumentation technology program reflects the increasing importance of the field guided by development plans of the Kingdom of Saudi Arabia. The program focuses on career and professional accomplishments of the graduates that includes the major jobs that graduates are prepared to do and professional contributions, professional development as well as caring and serving the society. Our graduates will contribute to the future health and well-being of the patients in the country by their professional practice in securing, maintaining and improving healthcare equipment.

The study program is designed in a way that provides comprehensive and interdisciplinary education in Medical instrumentation technology, which helps graduates to contribute to the contemporary challenges in the local community. Likewise, the program will make graduate students ready to be competent and competitive in this field within the region as well as worldwide. Diverse, qualified and devoted academic staff of the program has paved the way for the teaching and research excellence, enabling the College to be a prospective leader in education and research in the region. In addition, the program has acquired necessary milestones for being a hub between academia and the industry at local and regional perspective. Complying with PSMCHS vision and mission, the program adds values to the College by fulfilling its strategic goals and objectives



Dental and Oral Health Department

Vision

Enhancing Oral health care through graduating highly qualified Saudi Oral Health care practitioners capable of providing/ delivering efficient work in the oral health community through a more dynamic procedure that meets the demand of the future of their profession.

Mission

To graduate competent dental assistants who contribute in providing quality dental care, serve community, promote healthcare and participate in research.

Objectives

- ❖ To provide a higher caliber curriculum that adheres to the current dental healthcare standards and business office management procedures in the dental field.
- ❖ To develop a sense of responsibility in graduates to practice within the laws and regulation of KSA and the ethical principles of the Saudi Commission of Health Specialties and Dental Assisting Code of Ethics.
- ❖ To create a faculty focus on the students' success through effective teaching practice in both didactic and clinical activities to provide learning opportunities incorporating modern equipment based on professional trends, oral and written research project, self and peer clinical evaluation in various communities.
- ❖ To prepare the students for employment as a safe, competent and regulation-complaint dental health care professionals.
- ❖ To graduate individuals with the academic knowledge and skills to qualify for and successfully pass the national examination set by the Saudi Commission for Health Specialties.
- ❖ To lay the foundation and allow graduates to continue to plan, attain, and evaluate their educational and career goals regardless of age, gender, cultural and socio-economic status or ethnicity.
- ❖ To develop effective written, verbal communication skills for the benefit of patients, colleagues, and other members of the health care team.
- ❖ To provide broad-based education that lays the groundwork for advancement into a variety of dental assisting careers.
- ❖ To provide students with the opportunities to develop competencies in the use of safety techniques, exposing, developing and mounting radiographs.
- ❖ To build in graduates a commitment to lifelong learning, a dedication to fulfillment of personal and professional potential, a sense of dignity, value and self-worth.





Introduction

Since its foundation, the Dental and Oral Health department at Prince Sultan Military College of Health Sciences has provided quality oral health care services to the public as a part of its curriculum. Patients are treated in our dental clinics free of charge and come from all aspects of the community. In addition, the department focuses on the educational aspect of dental health by participating in several campaigns and displays aiming to raise awareness among the public and to stress the importance of dental disease prevention and prophylaxis.

A few years ago the Dental and Oral Health Department was proud to introduce the bachelor degree of Dental Hygiene which was followed later on by the introduction of the bridging program of Dental and Oral Health. As a result, the services rendered to the public have expanded from filing, documentation, history taking, scaling and application of fluoride and sealants to cover additional dental procedures such as cavity preparations of all caries classes, use of dental bases, varnishes and layers. Students are also trained to place various forms of fillings when needed, apply certain local anesthesia injections and extract primary teeth. Students also instruct and refer patients to the appropriate dentist/specialist for further treatment and follow ups when the need arises. Up till now, the dental clinic has provided treatment to several thousand patients over the last few years.

Currently, the Dental and Oral Health department also offers a Dental Assistant program for young Saudi females who are granted a Bachelor's Degree upon successful completion of the program. In addition to the didactic courses, the students are exposed and trained to perform various dental assistant assignments such as chair side tasks, circulating duties, patient education, sterilization procedures and administrative/business functions as well. The program exposes the students to the aspect of multitasking inside the dental environment. It also widens their horizons on the expanded functions of dental assistants & the various possibilities in their future careers.



Health Information Management (HIM) Department

Vision

The Health Information Management program aspires to be recognized as a source of innovative ideas and quality producer of empowered graduates to serve as leaders in health information management.

Mission

The Health Information Management program mission is to graduate HIM specialists with leadership skills through professional education, research and community activities to meet the national standards of quality.

Objectives

- ❖ To foster student learning through high quality, career-oriented education that integrates information technology and health care.
 - ◆ To assure compliance with national accreditation standards.
 - ◆ Accommodate recent advances in HIM and Information technology education through ongoing curricula reviews.
 - ◆ Develop competency – based training and assessment methods.
- ❖ Prepare confident, innovative, and contributing professionals who are competent to work in an e-Health environment by helping them possess critical-thinking and problem-solving abilities, as well as,
 - ◆ Provide a structured program of study that encompasses the most advanced technologies in the health care system relevant to the needs of employers.
 - ◆ Incorporate active learning activities within each core HIM course.
 - ◆ Develop soft skills including the use of information systems to collect data from different sources; to work alone and in group; to analyze the problem and propose real plans for optimal resolutions.
- ❖ Maintain a research favorable environment in the HIM department.
 - ◆ Faculty development through continuing education.
 - ◆ Contribute innovative ideas for the management and use of high quality health care data.
- ❖ Acquire required infrastructure of the Health Information Management Department to ensure sustainable development and create a good learning environment.
 - ◆ Improve HIM department facilities to meet the best available quality and standards.
 - ◆ Updating electronic devices and educational software according to the developments in the health care environment.

Introduction

The Bachelor of Health Information Management program is accredited by the Saudi Commission for Health Specialties. Our HIM program has been designed to prepare graduates to manage and guard patient's health information and medical records, enable computer information systems, collect and analyze patients' data, and use classification systems. HIM graduates also manage people and operational units, and interact with all levels of an organization that employs patients' data in everyday operations and decision-making capabilities. Health Information professionals serve patients by protecting their medical data.

The HIM program is committed to educating students for a future in Ministry of Defense hospitals characterized by change with an increased dependency on information and communication technology, and life-long learning



Health Services Administration Department

Vision

Develop health services management to play a leading role in the provision of graduates with specialized knowledge in this field.

Mission

Teaching and qualifying students at a high level in the management of health services and hospitals with the ability to compete with other university students in the Kingdom of Saudi Arabia and the Middle East, and achieve the reputation of the graduates of the department as the best performance in the labor market with a high degree of professionalism.

Objectives

- ❖ Developing the managerial efficiency in health services organizations and hospitals.
- ❖ Supporting the medical and health professions in health services organizations.
- ❖ Develop effective management skills in health services organizations and reduce the burden of the administrative activities among medical professionals.
- ❖ Improve the efficiency of the health information system so that decision makers can obtain updated information to make their decision.
- ❖ Supporting the managers' profession in the provision of health services.
- ❖ Development of information management skills for utilizing in managing health services and patients affairs.
- ❖ Understanding international health standards, safety measures and global competition.

Introduction

The Department of Health Services Administration was established at Prince Sultan Military College of Health Sciences in Dhahran in 2013 to implement the vision and strategy of the medical services division in the Ministry of Defense by developing their cadres and raising their abilities and their scientific and practical potentials, and achieving the objectives of the college in expanding its health sciences programs with the highest academic and professional standards.

The department offers a diploma program in Health Services Administration and provides students with the necessary knowledge, skills and training in this specialty, so that they can meet the requirements in the hospitals of MSD and the health sector in the Kingdom. The diploma program in the Department of Health Services Administration was approved by the Saudi Commission for Health Specialties.

Program curriculum was designed in order to achieve the role of basic health management in hospitals and healthcare organizations to develop work systems that support these organizations to enable them to provide healthcare services efficiently and effectively and provide these services with high quality and reasonable cost.



The Preparatory Year and Supporting Studies

The program of Preparatory Year at Prince Sultan Military College for Health Sciences came from its role and striving to become the educational product of the highest degree of intellectual and academic compatibility, in proportion to the requirements of modern university preparation. The vision and mission of preparatory preparation for students in the college, including the activities and programs necessary to prepare the student intellectually and academically, and impart the basic skills necessary to launch after the determination and stability during the years of his subsequent specialized studies. The College has worked on designing the preparatory year program based on effective learning methods by providing modern technical means, taking care of the development of the student's personality mentally, psychologically and skillfully, and striving to meet all its requirements from academic guidance, extracurricular activities and various services in order to integrate it into the learning environment. The importance of the preparatory year lies in the fact that it establishes a future path towards excellence and quality, improves performance, raises the academic level of students and focuses on gaining practical skills that contribute to their future life and career. The faculty of the College for the Preparatory Year and Supporting Studies is responsible for the management of scientific programs for the rehabilitation of students at that essential and foundation level before progression to the next stage (diploma and bachelor). The Agency has a number of academic departments and units:

- ❖ **Science Department**
- ❖ **English department**
- ❖ **Computer Skills Studies Unit**
- ❖ **Self-Development Studies Unit**
- ❖ **Islamic and Arabic Studies Unit**



Administrative Support Departments

Admission and Registration Department

Supervises the administration of admission and registration of students, organizes the process of admission and admission of students to the various programs in the college, the process of entering data and preparing their files, results of tests and announcement of results, conversions, separation, acceptance of apologies, and other related aspects. It also works on the issuance of educational certificates. It also prepares study schedules and test schedules.

Student Affairs Department

Student Affairs Department is responsible for students' issues in the College. It develops and implements student services in compliance with the program by creating various activities which will stimulate their learning environment and to promote their intellectual, cultural, psychological and social welfare.

Advanced Clinical and Simulation Center

The Center works as a permanent foundation that drives the wheel of health education and clinical training forward by honing the skills of college students as health practitioners using the latest technologies available for health simulation and virtual reality by using the most effective methods of simulation education and training.

Curricula and Study Plan Unit

This unit is responsible for developing the curricula of the programs and making sure that it is ready and responsive to the national and international requirements in cooperation with the scientific departments and the Agency for Development and Quality in the faculty. It also maintains communication and the latest changes in the requirements of academic and professional accreditation.

Alumni Affairs Unit

This unit is responsible for developing communication mechanisms with graduates, establishing databases, conducting surveys and preparing support programs for graduates, and benefiting from this in the process of continuous improvement and improvement.

Students Rights & Advisory Unit

Academic advising is an ongoing interactive process involving the student, advisor and institution. The primary goal of which is to assist students in the development and accomplishment of meaningful educational plans that is compatible with their life.

E-learning and Distance Education Unit

The process of using e-learning and its application in the college to improve the educational process and support and enhance the level of application of technology in education, to ensure the continuous development of education using technology, in addition to creating an electronic learning environment flexible and easy to achieve the goals and aspirations of the college.

Faculty Members and Alike Unit

The Unit provides the academic department and postgraduate departments with required teaching staff based on the academic department's need in view of increased student's enrollment and leaving academic faculty and researchers.



Graduate Programs

Mastering Professional Clinical Practice

The High Clinical Diploma in Musculoskeletal Physical Therapy is the FIRST specialized, post-professional, clinical-education physical therapy program in the Kingdom of Saudi Arabia and Middle East region. It is approved by the Saudi Commission for Health Specialties (SCFHS) and offered by the Vice Deanship of Postgraduate Studies and Research (VDPSR) at Prince Sultan Military College of Health Sciences, Dhahran (PSMCHS). The program gives physical therapists the opportunity to advance their professional career to become Clinical Specialists in Musculoskeletal rehabilitation. Graduates will be eligible for promotion to Senior Therapist (similar to a master's degree). The program also qualifies the therapists to become Clinical Mentors to appropriately transfer their knowledge and skills to novice physical therapists.

Higher Diploma in Clinical Laboratory Sciences (Partial Diagnosis)

The recent rapid advancement in the field of molecular biology has tremendously impacted the diagnosis and treatment of diseases tremendously. Molecular Diagnostic methods, which depend on the detection of DNA, RNA, or protein offer many advantages over the traditional methods used for the detection of diseases. This 15-month Postgraduate diploma in molecular diagnosis is suitable for clinical laboratory science or biomedical technology graduates who wish to improve their knowledge and gain valuable experience in Molecular Diagnostics. The program will include lectures and laboratory courses that focus on the principles and applications of molecular diagnostics in the detection of different types of diseases and disorders. Central to the development and maintaining standards of medical laboratories in this country is the availability of qualified, well-trained Saudi national laboratory specialists. This proposed program is for the training of Saudi nationals in the field of Molecular Diagnostics in order to be enrolled in national health program of the Kingdom of Saudi Arabia.

This newly revolutionized diagnostic technique will pave the way for rapid and accurate identification of acquired, inherited, and infectious diseases, which will definitely revolutionize health care across a wide range of diseases and health conditions.

For future programs

- ❖ Higher Diploma in Nursing (Girls) Higher
- ❖ Diploma in Respiratory Care (Sleep Disorders)
- ❖ Higher Diploma in Oral and Dental Health



Vice Deanship of Development and Quality

The focus of Quality and Academic Accreditation Directorate (QAAD) is to build PSMCHS's academic and administrative capacities and breakthrough PSMCHS's academic programs, for accreditation by The National Commission for Academic Accreditation & Assessment (NCAAA) as local accrediting institution, and by external regional and international accrediting academic organizations.

The directorate is collaborating, cooperating and coordinating with different accrediting organizations, for compliance with the established standards of these organizations, and to develop such standards to reliable standard criteria. Moreover, the directorate is responsible for taking into action and for follow up of approved standards, its requirements and provision pervasive throughout its organizational plans and academic programs.

The directorate provides consultation, training, technical support, and liaison with Prince Sultan Military College of Health Sciences (PSMCHS) academic and administrative organizational units, for having the required advisory and training activities, regarding accreditation requirements on institutional and programs levels.

The directorate plans, organizes, evaluates and controls, and assesses all college operations, processes, performances and practices, for assuring quality of structural inputs, processes (Integration of Structures,

Training Department

Supervises the holding of specialized and technical courses for doctors and technicians and refresher courses for employees of medical units in branches of the armed forces, and responsible for all military and civilian courses and follow-up on all aspects of education and training. The following are the sections of the department:

1. Training Suite
2. Field medicine and prevention of weapons of mass destruction
3. Program and Operations Section
4. Military Training Section
5. Department of Curriculum Development and Training Assistance
6. Department of examinations and results



Vice Deanship of Training and Internship

The Vice Deanship of Training and Internship is in charge of supervising students' clinical training and internship in hospitals and medical centers as per of their specialization. Furthermore, it coordinates with supervisors from the college and internship sites. In addition, the supervisors will distribute, evaluate and oversee the students during their internship. Moreover, this department contacts alumni and is specialized in constructing and preparing programs to support them.

Clinical Training and Internship Unit

This unit is in charge of distributing the students to their clinical training and internship hospitals and medical centers as per their specialization and coordinates with supervisors from the college and internship sites. In addition, the supervisors will distribute and evaluate the students during their internship.

Training and Excellence Unit

This unit is in charge of distributing and overseeing the students during their internship.



Human Resources Directorate (HRD)

Human Resource Division caters to employee needs to open inquiries regarding employee's compensation, benefits, leave accruals/types of leaves, College employment practices and safety information.

Human Resources Departments Services

Recruitment- search and select the most qualified and trained candidates to fill the vacant position.

Employee Relation

❖ Employee Performance Evaluation:

- The result of the evaluation will be the basis of employee's contract renewal and performance appraisal.
- Staffs are evaluated accordingly using the College Employee Performance Evaluation (EPE) form provided by Human Resources Division.
- The frequency is as follows:
 - Within three (3) months (probation period)
 - Four (4) months prior to re-contracting.
- The College conducts a probationary period of ninety (90) days for all new employees.

Leave and Travel

Established to cater services for all employees by processing leave request. Provide information necessary for certain employees and travel agency necessary to comply with rules and regulations set by Human Resources Department.

Government Relations

It is responsible for all government related matters, which include Iqama, visa, police matter and transportation of new and exit staff.

❖ For Residency Permit:

- New/renewal.
- Additional dependent(s) in the permit.
- Changing name or position in the permit.

❖ For Visa:

- Exit/re-entry.
- Exit only.
- Visit.
- Dependent.
- Extension visitor or dependent visa.
- Cancellation of visa.

❖ Others:

- Represent employee(s) who came from vacation in the immigration (ladies only) and bring them to the compound.
- Accompany exit only employees in the airport.
- Transfer of information (new passport).
- Records clearance of employees in passport office who don't complete their finger printing.
- Police relates issues/problems.



Payroll

Process the salary, benefits, and deductions of the staff.

❖ **Banking and Salary Payments**

- ◆ Employees have to open an account in any preferred bank by presenting iqama and certificate of employment from the HR. After which, they have to submit the International Bank Account Number (IBAN) to the Payroll Section to facilitate the transfer of their salary.
- ◆ Salary is automatically deposited to employee's designated bank account.
- ◆ Employees without bank account have to claim their checks to Payroll Section, encash it to SAAB bank.
- ◆ Account payments are made in Saudi Riyals.
- ◆ Salary will be paid on Gregorian months.
- ◆ Salary payment date is every 27th of each month.
- ◆ Present the renewed Iqama to the bank to avoid deactivation of account.

❖ **Medical Proceeding**

- ◆ All employees are required to undergo a pre-medical examination once they arrive in the College.
- ◆ The employee health clinic will assist employees on their medical procedures.
- ◆ Processing of the Iqama is based on the result of the medical examination.

❖ **Medical Coverage**

The medical insurance is covered for all staff members working in PSMCHS, with all related medical facilities provided by King Fahd Military Hospital which is located beside the college inside King Fahd Military Medical Complex.

❖ **Iqama and Passport**

- ◆ Upon obtaining medical fitness from the Employee Health Clinic, the Iqama is processed through Government Relations Section.
- ◆ The main means of identification in the Saudi Arabia for non-Saudi employee is the Iqama. They should carry their Iqama with them at all times. Loss or damage of Iqama is a serious matter and is subject to fine of SR 1,500.00 and therefore, it has to be taken care of cautiously.
- ◆ Iqama must be submitted to Government Relations one (1) month before expiration for renewal.
- ◆ Payment of expired Iqama will be charged accordingly to the penalty set by the government.



Housing

PSMCHS provides fully furnished accommodation to all employees, and provided with basic household equipment like AC, Refrigerator, and Oven etc. Maintenance is also covered. There are two locations for accommodation in PSMCHS, either (inside) PSMCHS campus or (outside) Khobar campus.

Inside PSMCHS

❖ Singles:

it will be a studio apartment with fitted kitchen.

❖ Family:

- 3 Bedrooms: mostly offered for HODs
- 2 Bedrooms
- 1 Bedroom

Outside Campus (Khobar)

These houses have **2 Bedrooms**. It is located about 20 kilometers far from PSMCHS. Shopping centers, Schools and other facilities are located nearby.

Outside Campus (Al Nada) Dammam:

4 bedrooms, mostly offered for HODs and large families. It is located about 10 kilometers far from PSMCHS. Shopping centers, Schools and other facilities are located nearby.

The college provides transportation for the staff living outside in the morning and evening



Transportation

Transportation Services

PSMCHS provides transportation services to all staff members for official and recreational purposes.

Staff members will be picked up at 7:00 am from the outside campuses, and then the return trip will be at 4:00 pm. For the recreation and shopping purposes, there are separate buses for singles and families, they run according to the preset schedules, the trips will start usually at 6:00 pm and return back at 9:30 pm weekdays and weekends. Further information about the pickup sites and destinations can be obtained from the transportation Dept. ext. #4498 - #5110.

Due to 2030 vision of Saudi Arabia, women are now eligible to drive in Saudi Arabia starting last 24/06/2018, and be able to apply for driving license

Car Purchases in Eastern Province

There are five things that you need before purchasing a new car:

1. A certificate of service from HR
2. A copy of your Iqama
3. A copy of your PSMCHS ID
4. A copy of your SAUDI driving license
5. A copy of the front passport pages and your visa.

Buying a used Car

1. Both buyer and seller go to an authorized dealer with the car.
2. The seller must produce his Istimara (Registration Document) and a valid MVPI (Motor Vehicle Periodic Inspection) Certificate.
3. The buyer needs to show his Iqama and Saudi Driving License.
4. The buyer is obliged to pay for the transfer of ownership.
5. After 3 days, the new Istimara can be picked up.

Car Dealers

Please refer to the Appendix



College Recreation

Recreation department offers recreational facilities, social and cultural activities, entertaining trips, installments services, interest fee loans, etc.

Mission

Recreation Center is established to provide and maintain fitness, physical and psychological status of the employees and dependents of KFMMC.

The Center will strive to organize sports activities and competitions as well as recreation trips to enhance the spirit of camaraderie, team cohesiveness and cooperation of all employee level.

Location

Recreation Building is very distinctive building being a series of hexagonal shapes. It is located between the residential accommodation and the military college. Building 30, situated outside the main hospital building.

ELIGIBILITY

- All KFMMC and PSMCHS employees and their dependents
- Military officer assigned in KFMMC and their dependents.
- All dependents age of 12 years must be accompanied by an adult age of 21 years.
- All the users must be registered Social club membership card.
- All users must wear the appropriate outfit while using the facilities.
- Mixed of Male and Female activity is strictly prohibited.

Recreation center operational hours

The recreation center and facilities shall be opened daily from 10:00 hours until 22:00 hours (detailed schedule will be posted on a regular basis in the notices boards) except where special programs/events take place as approved by the recreation department.

Recreational Facilities

- Main Office: Situated at the Main Lobby
- Reception area: Registration for Social club membership Card and Bookings of all Recreation Activities



Basement Amenities

- ◆ Male Weights Room Female
- ◆ Weights Room Aerobics
- ◆ Room Bowling Alley(Under Maintenance) Billiards tables
- ◆ Table Tennis
- ◆ Fuzz Ball
- ◆ Darts, etc.

Swimming Pools & Sauna

There are two swimming pools, one pool for females and other for males. Children under the age 7 years old must be accompanied and supervised by their parents or any adult who is responsible for them at all times.

- ◆ *Male and Female Swimming Pools Open daily from 13:00 – 21:30 Hours except Tuesdays.*
- ◆ *SAUNA (Male and Female) – located at the Swimming pool Basement.*

Male & Female Weights Rooms

Separate Slot for male and female weights users; Open from 10:00-22:00 hours daily. The recreation department will provide a varied fitness program to assist employees of both sexes in maintain an improved level of fitness. Fitness classes and facilities will be provided at a variety of times and days to accommodate both day time and schedules.

Recreation Activities

- ◆ Sports Events and Tournaments are organized that will encourage employees to participate.
- ◆ Regular sports activity such as Volleyball (Male & Female), Basketball, Lawn tennis, billiards, bowling, badminton (Male & Female), cricket, football, kids programs etc. some sports organized by recreation and some off compound tournaments organized by other hospital company.

Off - Compound Trips

The recreation department will organize social /cultural trips in and around eastern province to provide interested KFMMC employees and their dependents. Sponsored trips such as Hofuf, Jubail Corniche, cause and coast way, etc... These trips were made during weekends.

- ◆ Tennis Court (A & B) - There are two floodlit tennis courts separate slots for male and female located close to the recreation center building near college nursing school and Gymnasium. Tennis court booking should be done one day advance. The use of Tennis courts is by booking personally or true phone through Recreation Reception Desk.
- ◆ Oasis Restaurant- Managed and operated by Food service Department. Separate sitting areas for female single, male bachelor and family section.
- ◆ Auditorium- The location situated at the first floor of the recreation center. Use for any KFMMC hospital lectures, seminar, work shop, symposiums and college Graduations.
- ◆ Hairdressing Salon (Male /Female) - Hairdresser will accommodate employees, dependents and guests on hair cutting and hair treatment. Children below 15 years of age must be accompanied by an adult. Payment for hairdressing services will be cash basis.



Meceda Recreation

Situated at Building 99 near Meceda Employee Accommodation that include Weights Room, Billiards, Table Tennis and Library.

Other Facilities

- Travel Agent- All staff wishing to travel whether national or international flights are being handled.
- Post Office- Where local and international mails are being sorted for distribution to respective area.
- Supermarket- Walk in store for commodities needed such as vegetables, frozen foods, canned goods, etc.

Recreation Magazine

The spare times, Recreation magazine circulated every month to inform the employees of the recreation activities. These serve as newsletter to advertise all upcoming events. Recreation Department welcomes any suggestion or comments that would enable to improve the service offered to you.



Kids School in Eastern Province

Daycare facilities are available for kids from 3–5 years of age. Preference are given for working parents, language of instruction is English and Arabic, two-time options are available half day (7:30 – 11:30) and full day (7:30 – 4:00), the fees for (half day) option per semester is 1000 S.R. KGprivateschools are available outside the campus (contact details) mentioned in the schedule. Elementary school in Saudi Arabia starts from 7 years of age, the staff members can choose from various schools – government, private and international schools.

City Banks: Please refer to the Appendix

Shopping Malls: Please refer to the Appendix

Restaurants: Please refer to the Appendix

Outside Recreations in Eastern Province

Public beaches

Eastern region is known for their beautiful beaches. Al Khobar, Dammam and Jubail now have a beachfront which includes playground equipment. At Dammam and Al Khobar beachfront, there are children playgrounds, sea food restaurant, miles of sidewalk specialized for jogging and walking, and toilets. For those interested to drive to the edge of water, Half Moon Beach is the advised place. Half Moon Beach has multiple football playgrounds for children and adults, picnic rooms on the coast, food trucks, and toilets.

Places to visit

ARAMCO Exhibit Center

ARAMCO Exhibit Center gives a guide to technical side of oil production. This center provides fun trips for students. The exhibit considered to be one of the best museums in Saudi Arabia.

King Abdulaziz Center for World Culture (Ithra)

Ithra is a multifaceted cultural center that holds many events including arts, science, literature, and innovation. This center obtain Idea Lab, Library, Ithra Theater, Cinema, Museum, Children's Museum, Energy Exhibit, Archives, The Great Hall and The Knowledge Tower, which all combined to provide a deep engagement and life-changing experience for the visitors. It is about 15 minutes driving from the college.

The Regional Museum of Archaeology and Ethnography, This museum located, in its temporary site, at Dammam library on Prince Mohammed bin Fahad St. near to Alwaha Down town mall. With your passport or Iqama, you can get an access to the museum that contains archeological history of the Dammam region, from prehistoric times all the way to the present day. It takes 35 min driving from the college to get there.

Jawatha Mosque is About 12 km (7.5 mi) northeast of Hofuf, Al-Ahsa, is the location of Jawatha Mosque, which believed to be the first mosque to be built in Eastern Region.

Sport Facilities

Dammam and Khobar city has lots of sports gyms and stadium

Please refer to the Appendix



Appendices

Car Dealers

<i>Car Agent</i>	<i>Contact</i>
Fiat	857-2524 / 857-4488 / 864-4295
Ford	857-4423 / 857-9153 / 857-914
Ford Mercury	857-6657 / 857-6467
GM (General Machinery Agencies)	864-4284 / 864-2558
GM (Al-Jomaih)	833-7777 / 834-8769 / 857-2932
Honda	857-4720 / 857-4730 / 857-3695 / 895-1962
Hyundai	826-8677 / 842-3936 / 842-4814
Isuzu	864-1507 / 864-1510 / 894-3334
Mazda	857-6657 / 857-6467
Mitsubishi	857-2045 857-1807
Nissan	895-3584 832-4300 832-3322
Suzuki	826-4707
Toyota	834-0547 834-6512 834-7378



Kids School in Eastern Province

<i>School</i>	<i>Phone</i>	<i>City</i>
British International School	8825425	Khobar
International Schools Group	3300555	Dhahran
International Indian School	-	Dammam
International Pakistani School	8671777	Khobar
Creative Academy	-	Dammam
Dhahran Ahliyya Schools (DAS)	8915151	Dhahran
Al Hussan Schools and Institutes	8587566	Khobar

City Banks

<i>Bank Name</i>	<i>Phone</i>	<i>Link</i>
Saudi British Bank (SAAB)	864 9307	https://www.sabb.com/ar/
Saudi American Bank (SAMBA)	894 1414	http://www.samba.com/en/personal-banking.html
Al Rajhi Bank	8641234	https://www.alrajhibank.com.sa/en/pages/default.aspx
Riyad Bank	8981808	https://www.riyadbank.com/en/personal-banking
Banque Saudi Fransi	811 4747	https://www.alfransi.com.sa/english/home
Arab National Bank (ANB)	89 0712	https://onlinebanking.anb.com.sa/RetailBank/
Bank Aljazira	864 9914	https://www.baj.com.sa/en-us/Personal-Banking



Shopping Malls

<i>Shopping Mall</i>	<i>Phone</i>	<i>Link</i>
Rashid Mall	899 4466	http://www.rashidmall.com/en/
Mall of Dhahran	920000262	https://www.arabiancentres.com/mall/index/en/12/mall-of-dhahran/
Venecia Mall	896 6099	
Othaim Mall	920008331	http://www.othaimmalls.com/ Default.aspx?lang=en
Marina Mall	809 9966	
Dareen Mall	920009467	
Al Fanar	-	
Al Waha Downtown	827 3600	



Restaurants

Al Khobar

Restaurant Name	Location	Cuisine	Telephone
New Cabalen	King Fahd Road	Pilipino	
La Gondola	Al Khobar AShamalia, 10th Street	Italian	9200 07000
Fushi	Al Khobar AShamalia, Prince Turki St.	Asian	898 9595
Burger Fuel	Al Khobar AShamalia, Prince Turki St.	Fast Food	898 6936
Soul Kitchen	Prince Faisal Bin Fahd Road, Al Hizam	Sea Food	331 4441
Marrakesh	Crowne Plaza ·King Abdullah Street	Moroccan	898 8840
Brasa	Al-Dhugaither leisure Island Corniche	All you can eat	
Hardee's	Corniche	Fast Food	
filfilah	20th Street	Arabic	898 0909
McDonald's	Corniche	Fast Food	
Bilad Alsham Grill	Tabuk St.	Arabic	9200 20991
Ennabi Grill	Al Khobar AShamalia, 19th St.	Arabic	9200 06396
Applebee's	Corniche	Fast Food	
Sanbook	Al-Dhugaither leisure Island Corniche	Sea Food	894 8889
Cooper Chandni	Corniche	Indian	887 7868
Alkabsh	Al Khobar AShamalia, Prince Talal St.	Asian	056 937 2798
Lebnani	Gulf Meridian Hotel	Lebanese	864 6000
Kingdom of Pastries	Prince Faisal bin Fahad Road	Syrian	887 5666
Pizza Hut	Corniche	Fast Food	
La Fonda	Al Khobar AShamalia, Prince Turki St.	Mexican	055 771 0545
Puncak	Al Khobar AShamalia, Prince Talal St.	Indonesian	899 2992
Bundoo Khan	Al Khobar AShamalia, 17th St	Pakistani	867 3443
Fuddruckers	Corniche	Fast Food	898 7150



Restaurants

Dammam

<i>Restaurant Name</i>	<i>Location</i>	<i>Cuisine</i>	<i>Telephone</i>
Abu Nawas	Prince Mohammed bin Fahad Road	Fast Food	833 0880
Atlas Grill	Omar bin Khattab St.	Arabic	820 9090
Golden Corner	Faisaliah District	Traditional	808 4333
Layalina	Corinche	General	055 775 0160
Steak House	Prince Mohammed bin Fahad Road	American	833 5468
Alkabsh	Gulf Road	Asian	053 818 9066
Heritage Village	Prince Mohammed bin Fahad Road	Traditional	809 00000
Vitamin Palace	Abu Bakr Alsiddiq St	Juices	56 216 5116
Fayrouz	1st St.	Lebanese	834 5555
Bait Misk	Prince Mohammed bin Fahad Road	Lebanese	053 289 7666
Red Dragon	King Khalid St.	Asian	833 3444
Saffron	Prince Mohammed bin Fahad Road	Indian	055 121 0213

Sport Facilities - Dammam and Khobar city has lots of sports gyms and stadium

<i>Name</i>	<i>Place</i>
Ettifag Sports Club	Dammam
Qadisyyah Sports Club	Khobar
Green Hall Sports City	Between Dammam & Khobar
Nahdhah Sports Club	Between Dammam & Khobar
Fitness Time gyms	Multiple sites in Dammam & Khobar
Power gyms	Multiple sites in Dammam & Khobar
Prince Mohammed bin Fahad Stadium	Dammam
Prince Saud bin Jelawi Stadium (Arrakah)	Khobar



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