



PRINCE SULTAN MILITARY COLLEGE
OF HEALTH SCIENCES DHAHRAN

STUDENT'S HANDBOOK

Department of Nursing



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Welcome Greetings from COD

Dear Nursing Students,

Thank you for choosing to be a NURSE!

Welcome to the Baccalaureate Program in Nursing at Prince Sultan Military College of Health Sciences (PSMCHS). The faculty and staff are pleased that you have made the decision to join us for your education as a professional nurse.

We are pleased to present this student handbook that will serve as a guide and to reflect a clear picture of the nursing department scientific and administrative units, regulations, instructions and academic activities as you go through your journey with your nursing study. We wish you a rewarding and successful experience in Nursing. The carefully planned curriculum prepares you to become a generalist in nursing practice. Administration, faculty and staff are available to assist you to progress towards your goal.

The purpose of this handbook is to provide you with guidelines for policies, procedures and core information that will be needed while you are enrolled as a student in the Department of Nursing at PSMCHS. These policies and procedures have been approved by the Nursing Department Council and will be the basis for decision-making with regard to student matters.

We hope that this guide will achieve the goal and the desired clarification for our dear students and parents who are interested in nursing education.

Once again, I welcome you all in the Nursing Program and wish you all the BEST as you go through with your academic journey.

May you enjoy a successful educational experience!

Sincerely,

Nursing Department Chairperson

Introduction and Department History

Education for professional nursing is based on the view that Nursing is the backbone of the health services and plays a vital role in the promotion of health and quality of life. Nursing input in health care delivery is important to achieve health for all. Nursing influences and is influenced by social and cultural forces and the values of the society in which it is practiced. Therefore, there is the need to undertake a variety of initiatives to ensure an adequate supply of appropriately prepared and qualified nurses as the demand for nursing services continues to grow.

The Bachelor of Science in Nursing (BSN) degree program at the Prince Sultan Military College of Health Sciences (PSMCHS) is designed to prepare graduates to function as professional nurses to meet the special care needs of individuals or groups in various health care settings and in the community. The program is approved by Ministry of Higher Educations. The courses taught and degree offered by this program will be equivalent to the Nursing degrees awarded by the universities and colleges of Nursing in the Kingdom of Saudi Arabia.

The PSMCHS Nursing program is approved by the Saudi Commission for Health Specialties. The primary purpose of the BSN program is to provide Medical Services Division (MSD) hospitals with qualified Saudi nurses to meet the demand for a steady supply of well-trained nurses in the MSD hospitals and Kingdom wide. The BSN program has been developed based upon the tradition, culture and religious background of Saudi Arabia. The ultimate goal of the BSN program is to solve the drastic shortage of nurses in the Kingdom of Saudi Arabia.

The idea of establishing Nursing Department at Prince Sultan Military Colleges of Health Sciences in Dhahran (PSMCHS), starts through the urgent necessity of preparing national nurses with high scientific and practical efficiency in line with the technological and scientific development in accordance with the need to provide preventive, therapeutic and rehabilitative nursing services that promote the maintenance of health level of the individual , family and community with the use of advanced nursing care.

Department's Vision, Mission, Goals, Objectives, Graduates Attributes and Program Learning Outcomes

Vision

To be a leading educational institution in the Eastern Province with highest national acclaimed standards of excellence in the field of education in nursing.

Mission

To prepare nursing graduates to be competent nursing specialists and leaders through a sustainable education, research and community services based on high quality national standards.

Nursing Program Goals

1. Provide a quality nursing education.
2. Ensure continuous improvements of academic education practices.
3. Conduct continuous professional development activities.
4. Participate in scientific research.
5. Conduct community services

Objectives

1. Provide appropriate learning experiences to achieve the national standards and competency in nursing.
2. Employ necessary facilities and resources to support teaching process.
3. Review program periodically to improve teaching-learning attainment.
4. Incorporate best practices into nursing education to graduate competent professional nurses.
5. Enhance students' professionalism, critical thinking and leadership skills to achieve best nursing practices.
6. Participate in professional development activities of faculty members to obtain updates in nursing field.
7. Conduct nursing scientific research activities based on public health trends/needs.
8. Implement community services to promote public health through educational activities and partnerships.

Graduates Attributes

1. Apply related knowledge in providing evidence-based and ethical patient centered healthcare.
2. Perform a full range of nursing skills required for effective clinical practice.
3. Demonstrate leadership, communications and teamwork skills towards achieving quality and continuous improvement.
4. Display professionalism while delivering nursing care in all health care settings.
5. Undertake research projects in nursing discipline using appropriate methodology

Program Learning Outcomes

Knowledge

K1-Describe basic and advanced concepts of nursing care efficiently.

K2-Outline etiology, clinical features and evidence - based nursing management of health conditions of all clients across lifespan.

Skills

S1-Design nursing care plan utilizing critical thinking and clinical reasoning skills to deliver quality nursing care.

S2-Develop an informed decision utilizing theoretical knowledge and skills to implement appropriate nursing practices

S3-Demonstrate effective communication skills with peers, clients and multi-disciplinary team.

S4-Evaluate health and research data utilizing statistical skills to improve health care practices

S5-Manipulate properly medical equipment for the procedures performed in nursing field.

S6-Perform nursing procedures and interventions competently with respect to ethics and patient's safety.

Competence

C1-Illustrate teamwork and professionalism in providing culturally sensitive patient-centered care.

C2-Demonstrate leadership skills to promote holistic, ethical and compassionate care.

Program Description

	PHASE I	PHASE II	PHASE III
B.S.N	First Year	3 Years	(One year Internship)

The B.S.N Degree program involves a 4-year course of study and one- year of internship, leading to the award of a Bachelor of Science in Nursing (B.S.N) degree. On completion of four years of instructions, and one year of internship, the student will assume the role of a qualified professional nurse within a hospital, health clinic or any health care facilities. For a student to graduate, he/she needs to successfully complete a total of 143 credit hours of study. English is the medium of instruction.

The program provides a thorough grounding in all the basic, essential skills required by the nursing profession, with a heavy emphasis placed on the development and acquisition of practical skills. In addition, the program incorporates major elements of the nurse's role within the health care delivery system and, in particular, the nursing applied to the ill or injured patient. Part of this also includes, not only, the preventive measures taken to avoid illnesses or injury, but also information and methods on promoting a healthy style of living by means of active educational programs.

The development of the Nursing curriculum is a major responsibility of the Nursing department at PSMCHS. In addition, the department will direct the range and structure of the various services and clinical courses undertaken by the English, Science and other clinical departments in the College.

Clinical Nursing I, II, III and IV

In Clinical Nursing year I, the GN student will attend laboratory practical and simulation classes in the college for much of the time, where fellow students will act in the place of live-patients as required. Any visits made to the hospital will, essentially, be observationally. In the more advanced clinical nursing courses, a substantial part of the time will be spent in a working hospital environment, with some involvement with live-patients. In each course, the student will be assessed by a designated PSMCHS Nursing Instructor (NI) over each 16-week period, (i.e. the courses may have up to 100% continuous assessment). The assessment structure will incorporate student performance in:

1. Patient Management.
2. Administrative Procedures.
3. Aseptic and Sterile Procedures.
4. Operation and handling of equipment.
5. Problem solving related to patient care.
6. Administration of nursing care and treatment of procedures.
7. The application of primary (and secondary) nursing interventions.

At the end of each course, a practical and oral examination will be given. It is conceivable, that a written paper may be given in the advanced level course. All marks are recorded in a Student Evaluation Assessment Form by the NI and submitted to the Registrar's Department through Nursing Head of Department, with GPA and GPA indices.



Study Plan

Nursing Department offers undergraduate program of study following the semester system. The period for the completion of the Bachelor's Degree in Nursing is four academic years and one year internship.

It consists of 10 academic semesters including the internship. The internship is a mandatory and a compulsory training period for all nursing students. It is evaluated on a pass/fail basis. To be awarded a Bachelor's Degree in Nursing. The student must complete 143 credit hours, *according to the National Qualifications Framework for Higher Education in the Kingdom of Saudi Arabia published in 1430 (2009)*.

CODE	COURSE TITLE	LEVEL	SCH	CONTACT HOURS				PRE-REQUISITE	CO-REQUISITE
			FORMAT	L	P	C	TOTAL		
ENG 108	English Language I	1	7(7+0+0)	21	0	0	21	7	-
MATH 101	Mathematics I	1	3(3+0+0)	3	0	0	3	3	-
COM 100	Computer Studies	1	3(3+2+0)	1	4	0	5	3	-
SDS 100	Self-Development Skills	1	3(3+0+0)	3	0	0	3	3	-
FPE 101	Fitness & physical education	1	1(0+3+0)	0	3	0	3	1	-
	Total Hours/Week		17(14+5+0)	28	7	0	35	17	
	Total Hours/Semester						560		

CODE	COURSE TITLE	LEVEL	SCH	CONTACT HOURS				PRE-REQUISITE	CO-REQUISITE
			FORMAT	L	P	C	TOTAL		
ENG 109	English Language II	2	5(5+0+0)	15	0	0	15	5	ENG 108
BIOL 101	Biology I	2	4(3+1+0)	3	2	0	5	4	-
CHEM 101	Chemistry I	2	4(3+1+0)	3	2	0	5	4	-
PHYS 101	Physics I	2	4(3+1+0)	3	2	0	5	4	-
IST 100	Islamic Studies I	2	2(2+0+0)	2	0	0	2	2	-
	Total Hours/Week		19(16+3+0)	26	6	0	32	19	
	Total Hours/Semester						512		
CODE	COURSE TITLE	LEVEL	SCH	CONTACT HOURS				PRE-REQUISITE	CO-REQUISITE
			FORMAT	L	P	C	TOTAL		
ENG 230	English Academic Writing	3	2(2+0+0)	6	0	0	6	2	-
ARB 213	Arabic Studies I	3	2(2+0+0)	2	0	0	2	2	-
ANP 201	Anatomy & Physiology	3	4(3+1+0)	3	2	0	5	4	-



CLS 225	Biochemistry	3	2(2+0+0)	2	0	0	2	2		
NUR 231	Fundamentals of Nursing (T)	3	4(4+0+0)	4	0	0	4	4		NUR 232
NUR 232	Fundamentals of Nursing(C)	3	3(0+0+3)	0	0	9	9	3		NUR 231
IST 200	Islamic Studies II	3	2(2+0+0)	2	0	0	2	2	-	-
	Total Hours/Week		19(15+1+3)	19	2	9	30	19		
	Total Hours/Semester						480			

CODE	COURSE TITLE	LEVEL	SCH	CONTACT HOURS				PRE-REQUISITE	CO-REQUISITE	
			FORMAT	L	P	C	TOTAL			SCH
PATH 201	Pathophysiology	4	3(3+0+0)	3	0	0	3	3	ANP201	
PHARM201	General Pharmacology	4	3(3+0+0)	3	0	0	3	3	-	
NUR 243	Health Assessment Theory	4	3(3+0+0)	3	0	0	3	3	NUR 231	NUR 244
NUR 244	Health Assessment Clinical	4	1(0+0+1)	0	0	3	3	1	NUR 232	NUR 243
NUR 245	Adult Nursing (1) Theory	4	3(3+0+0)	3	0	0	3	3	NUR 231	NUR 246
NUR 246	Adult Nursing (1) Clinical	4	3(0+0+3)	0	0	9	9	3	NUR 232	NUR 245
	Total Hours/Week		16(12+0+4)	12	0	12	24	16		
	Total Hours/Semester						384			

CODE	COURSE TITLE	LEVEL	SCH	CONTACT HOURS				PRE-REQUISITE	CO-REQUISITE	
			FORMAT	L	P	C	TOTAL			SCH
ARB 214	Arabic Studies II	5	2(2+0+0)	2	0	0	2	2		
NUR 351	Health Promotion and Disease Prevention	5	2(2+0+0)	2	0	0	2	2		
NUR 352	Adult Health Nursing (2) Theory	5	3(3+0+0)	3	0	0	3	3	NUR 245	NUR 353
NUR 353	Adult Health Nursing (2)Clinical	5	3(0+0+3)	0	0	9	9	3	NUR 246	NUR 352
NUR 354	Nutrition	5	3(3+0+0)	3	0	0	3	3		
CLS 223	Microbiology	5	3(2+1+0)	2	3	0	5	3		
BST 312	Biostatistics	5	2(2+0+0)	2	0	0	2	2		
	Total Hours/Week		18(14+1+3)	14	3	9	26	18		
	Total Hours/ Semester						416			
CODE	COURSE TITLE	LEVEL	SCH	CONTACT HOURS				PRE-REQUISITE	CO-REQUISITE	
			FORMAT	L	P	C	TOTAL			SCH
NUR 361	Maternal Nursing Theory	6	3(3+0+0)	3	0	0	3	3	NUR 352	NUR 362
NUR 362	Maternal Nursing Clinical	6	3(0+0+3)	0	0	9	9	3	NUR 352	NUR 361
NUR 363	Pediatric Nursing Theory	6	3(3+0+0)	3	0	0	3	3	NUR 353	NUR 364
NUR 364	Pediatric Nursing Clinical	6	3(0+0+3)	0	0	9	9	3	-	NUR 363
IST 201	Islamic Studies III	6	2(2+0+0)	2	0	0	2	2		
PSY 203	Psychology for Health Profession	6	2(2+0+0)	2	0	0	2	2		
RM 320	Research Methodology	6	2(2+0+0)	2	0	0	2	2	BST 312	



		Total Hours/Week	18(12+0+6)	12	0	18	30	18		
		Total Hours/Semester					480			
CODE	COURSE TITLE	LEVEL	SCH	CONTACT HOURS					PRE-REQUISITE	CO-REQUISITE
			FORMAT	L	P	C	TOTAL	SCH		
NUR 471	Critical Care Nursing theory	7	3(3+0+0)	3	0	0	3	3	NUR 352	NUR 472
NUR 472	Critical Care Nursing Clinical	7	3(0+0+3)	0	0	9	9	3	NUR 353	NUR 471
NUR 473	Psychiatric Mental Health Nursing T	7	3(3+0+0)	3	0	0	3	3	NUR 352	NUR 474
NUR 474	Psychiatric Mental Health Nursing C	7	3(0+0+3)	0	0	9	9	3	NUR 353	NUR 473
NUR 431	Sociology	7	2(2+0+0)	2	0	0	2	2	-	
NUR 475	Principles of Learning & Health Education	7	2(2+0+0)	2	0	0	2	2	-	
HIS 404	Health Informatics	7	2(2+0+0)	2	0	0	2	2	-	
		Total Hours/Week	18(12+0+6)	12	0	18	30	18		
		Total Hours /Semester					480			
CODE	COURSE TITLE	LEVEL	SCH	CONTACT HOURS					PRE-REQUISITE	CO-REQUISITE
			FORMAT	L	P	C	TOTAL	SCH		
NUR 481	Community Health Nursing Theory	8	3(3+0+0)	3	0	0	3	3	NUR 361	NUR 482
NUR 482	Community Health Nursing Clinical	8	3(0+0+3)	0	0	9	9	3	NUR 362	NUR 481
NUR 483	Leadership & Health Care Management	8	3(3+0+0)	3	0	0	3	3	-	
NUR 484	Professional Issues in Nursing Practice	8	3(3+0+0)	3	0	0	3	3	-	
NUR 485	Graduation Project	8	2(2+0+0)	2	0	0	2	2	RM 320	
NUR 425	Epidemiology	8	2(2+0+0)	2	0	0	2	2		
IST 300	Islamic Studies	8	2(2+0+0)	2	0	0	2	2		
		Total Hours/Week	18(15+0+3)	15	0	9	24	18		
		Total Hours/Semester					384			
		Total Hours					3696	143		

Courses Description

Level one

Course Title and Code: English Language I (ENG 108)

Credit Hours: 7 (7+0+0)

This is a basic English course focusing on the four language skills: reading (33%), writing (14%), listening (14%), and speaking (14%). The course also includes grammar (24%) for accuracy in writing and speaking.

Course Title and Code: Mathematics I (MATH 101)

Credit Hours: 3 (3+0+0)

The course aims to meet the basic mathematical requirements of science courses taught in the pre-clinical. Emphasis is placed on giving the student a broad perspective of elementary mathematical terms and operations, on the basis that a sound knowledge of mathematics and its practical applications is critical for the student's progress in the basic sciences and, later, in the clinical subjects. It provides the student with the skills necessary to carry out calculations required in their clinical courses.

Course Title and Code: Computer Studies I (COM 100)

Credit Hours: 3 (1+2+0)

Computer Studies 1 course is designed to familiarize students with computer-related skills. It introduces fundamental concepts of computer terminologies: information technology, communication and network, computer security and ethics, system analysis and design. The course also aims to provide the students with the practical skills using Microsoft office programs (Word, Excel, PowerPoint, and Access).

Course Title and Code: Self – Development Skills (SDS 100)

Credit Hours: 3 (3+0+0)

يهدف مقرر مهارات تطوير الذات لإحداث نقلة نوعية في حياة الطالب الجامعية، والانتقال من ثقافة الحفظ والتلقين إلى ثقافة تدعم التفكير بأنواعه المختلفة، وتركز على المتعلم لتنمية ميوله واتجاهاته وطاقاته من خلال التدريب على مهارات التعلم والبحث العلمي، ومهارات التفكير وحل المشكلات والتواصل مع الآخرين. وذلك في إطار يبسط هذه المهارات ويوظفها في الواقع من خلال استخدام طرق التدريس الفعال والتدريب والتعلم الذاتي والعمل الجماعي، ليكتسب الطالب معارف تمكنه من تنمية كفاءته الشخصية وتساعد في حياته الجامعية والعملية.

Course Title and Code: Fitness & Physical Education (FPE 101)

Credit Hours: 1 (0+3+0)

يهدف المقرر الى تثقيف الطلاب من الناحية الصحية والجسدية، وتعزيز مهاراتهم التي تتعلق بالصحة الشخصية والغذائية والرياضية والوقائية والنفسية، وتمكينهم من تقديم خدمات الإسعافات الأولية للإصابات المختلفة، مع التركيز على المواقف الحياتية، وإثارة دافعيتهم لتبني أنماط حياتيه صحية سليمة.

Level Two

Course Title and Code: English Language II (ENG 109)

Credit Hours: 5 (5+0+0)

This is an intermediate English course focusing on the four language skills: reading (34%), writing (20%), listening (13%) and speaking (13%). The course also includes grammar (20%) for accuracy in writing and speaking.

Course Title and Code: Biology I (BIOL 101)

Credit Hours: 4 (3+1+0)

The course is designed as an introduction to biology in the Pre-Clinical program. Rather than relying alone on imparting an extensive factual knowledge, it aims to give the student a clear understanding of some of the more important principles underlying biological processes. The course revises and consolidates the student's knowledge of biology, as already covered by the Higher School Certificate. It familiarizes the student with an extensive range of scientific and biological terms.

Course Title and Code: Chemistry I (CHEM 101)

Credit Hours: 4 (3+1+0)

This course presents the fundamental principles of chemistry with particular reference to the study of matter and its properties, electronic structure of atoms and molecules, acid-base and redox chemistry and reactions of aqueous solutions. The associated laboratory experiments emphasize proper experimental techniques with safety standards.



Course Title and Code: Physics I (PHYS 101)

Credit Hours: 4 (3+1+0)

Prerequisite of this course is "High School Physics" This course covers the basic concepts, principles and application of physics. Course topics will include selected topics in mechanics, heat, light, sound, electricity, and nuclear physics.

Course Title and Code: Islamic Studies I (IST 100)

Credit Hours: 2 (2+0+0)

المقرر يعزز قيمة العقيدة الإسلامية في نفس الطالب، وما تدعو إليه من فضائل وأخلاق، على وجه يأمن الطالب فيه على نفسه من التأثير بالدعوات الضالة، والأفكار المغرصة المناقضة لروح الإسلام وعقيدته

Level Three

Course Title and Code: English Academic Writing (ENG 230)

Credit Hours: 2 (2+0+0)

This is an advanced English course focusing mainly on reading (45%) and writing (45%). The course also includes some grammar sessions (10%) to improve accuracy in writing.

اسم ورمز المقرر الدراسي: المهارات الأساسية لقواعد اللغة العربية ARB 213

عدد الساعات المعتمدة : 2

• تعلم المهارات اللغوية (القراءة، الكتابة، التحدث، الانصات)

Course Title and Code: Anatomy & Physiology (ANP 201)

Credit Hours: 4 (3+1+0)

This course is to provide a broad, elementary introduction to the structure and function of normal body systems. It will focus attention only on the essential anatomical and physiological features of the human body systems, such as Integumentary system, Skeletal system, Muscular system, Nervous system, Sensory system, Endocrine system, Cardiovascular system, Lymphatic system, Respiratory system, Digestive system, Excretory system, Reproductive system and growth.

Course Title and Code: Biochemistry (CLS 225)

Credit Hours: 2 (2+ 0 + 0)

An introduction to the chemistry and structure-function relationships of carbohydrates, lipids, proteins and nucleic acids. It will examine the basic metabolism of macromolecule, with emphasis on the biochemical fluctuations that occur in human health and disease, and will include a brief introduction to molecular genetics. Biochemistry course will give grounding in a subject that forms the basis of virtually all of the biological sciences.

Course Title and Code: Fundamental of Nursing - Theory (NUR 231)

Credit Hours: 4 (4 +0 + 0)

This course introduces the nursing student to the concepts of holistic health care and the role of the nurse, focusing on essential nursing skills for adult care in diverse clinical settings. This theoretical course provides broad evidence-based knowledge from which the nurse can provide care, the course also provides a comprehensive coverage of fundamental nursing concepts, skills and techniques of nursing practice and a firm foundation for more advanced areas of study. Students will learn concepts and theories basic to the art and science of nursing.

Course Title and Code: Fundamental of Nursing – Clinical (NUR 232)

Credit Hours: 3 (0 + 0 + 3)

The first clinical practicum unit introduces the student nurse to the healthcare workplace environment. The unit provides the student nurse with the opportunity to integrate and put in context the theoretical knowledge gained from fundamentals of nursing theory and practical skills acquired from the nursing skill lab sessions with personal knowing and positive attitude to learning, by practicing essential nursing skills performed by a beginning level nursing student in the hospital setting. This unit prepares the student to perform beginner level clinical skills acquired during the semester to a real-life work-based setting.

اسم ورمز المقرر الدراسي: الإسلام وبناء المجتمع IST 200

عدد الساعات المعتمدة : 2

توضيح لمظاهر عناية الإسلام بالمجتمع في كافة أركانه ومعالجة الأفكار المترددة بين الحق والباطل والتي من خلالها يمكن تأسيس التفكير الصحيح لدى الإنسان وخصوصا الشباب وذلك من خلال وقفة تأمل وموازنة بين الآراء والمذاهب التي تقيم نظرتها للإنسان والكون والحياة.

Level Four

Course Title and Code: Pathophysiology (PATH 201)

Credit Hours: 3(3 + 0 + 0)

The pathophysiology course is an undergraduate course designed to provide students with an in depth study of the abnormal physiology associated with disease, the pathologic processes (pathogenesis) of disease and how that disease affects the human organism.

Course Title and Code: General Pharmacology (PHRM201)

Credit Hours: 3(3 + 0 + 0)

This course is designed to introduce the student to a study of pharmacology and to learn basic scientific concepts and principles that will serve as the foundation for understanding the essential topics in systemic pharmacology and pharmacology of specific drugs, so that the student will have a basis for the rational use of drugs in medical practice.

Course Title and Code: Health Assessment – Theory (NUR 243)

Credit Hours: 3 (3 + 0 + 0)

The course is designed to assist students with theoretical basis of health assessment and physical examination. It focuses on identifying and comparing between normal and abnormal assessment findings in each system of the body using patient interview and physical examination techniques as basis of nursing process.

Course Title and Code: Health Assessment - Clinical (NUR 244)

Credit hours: 1 (0 + 0 + 3)

The course provides the student nurse with the opportunity to integrate theoretical knowledge and practical skills and techniques necessary to perform a comprehensive head to toe nursing health assessment, namely inspection, percussion, auscultation and palpation. in order to exercise sound, independent and interdependent clinical judgments in different care settings.

Course Title and Code: Adult Health Nursing (1) – Theory (NUR 245)

Credit Hours: 3 (3+ 0 + 0)

This theoretical course introduces nursing students to the role of professional nurse in the management of acute and chronic conditions, health promotion, and disease prevention. It focuses on providing nursing care for adults experiencing health alterations. This course also discuss nursing process, critical thinking concepts, and the cultural variations among adults. Moreover, students will learn roles and responsibilities of planning and delivering evidence-based adult care.

Course Title and Code: Adult Health Nursing (1) - Clinical (NUR 246)

Credit Hours: 3 (0+ 0 + 9)

Adult Health Nursing I- Clinical course provides the nursing student with the opportunity to integrate theoretical knowledge and skills in a work-based clinical setting. This course focuses in the application of nursing care for patients undergoing acute and chronic diseases utilizing the nursing process as a framework of practice.

Level Five

اسم ورمز المقرر الدراسي: مهارات الاتصال اللغوي ARB 214

عدد الساعات المعتمدة : 2

• تعلم المهارات اللغوية (القراءة، الكتابة، التحدث، الانصات)

Course Title and Code: Health Promotion & Disease Prevention (NUR 351)

Credit Hours: 3 (3+ 0 + 0)

This course focuses on the concepts of health promotion and disease prevention in both community and hospital-based settings. The course presents aspects of health promotion through assessing health needs, planning, interventions, and evaluating health promotion. Moreover, the course presents the wider concept of promoting and protecting the health of all age-groups, including individuals with chronic diseases through developing self-management and lifestyle change.

Course Title and Code: Adult Health Nursing (2) – Theory (NUR 352)

Credit hours: 3 (3 + 0 + 0)

This course discusses principles and concepts of surgical interventions for different disease conditions. In addition, it includes the roles of professional nurse in providing pre-operative, intra-operative and post-operative care. Furthermore, it utilizes nursing process as a framework for delivering evidence-based care.

Course Title and Code: Adult Health Nursing (2) - Clinical (NUR 353)

Credit hours: 3 (0 + 0+ 9)

This course provides students with opportunity to integrate peri-operative knowledge, and skills in clinical settings through utilizing nursing process as a framework for practice. Furthermore, it includes nursing management of various diagnostic and therapeutic procedures. In addition, this course covers principles of aseptic techniques, sterilization and wound management.

Course Title and Code: Nutrition (NUR 354)

Credit hours: 3 (3+0 + 0)

The course deals with the principles of nutrition and its importance to individual health. It includes the different classification of nutrients and their functions, dietary guidelines, application of nutritional therapies in clinical practice, and required nutrition across the life span.

Course Title and Code: Microbiology (CLS 223)

Credit Hours: 3 (2 +1 + 0)

This course is designed to enable students to acquire knowledge of the application of principles of Microbiology and identification of common microbes and their relationship to nursing practice. It is also intended to provide nurse with basic knowledge to assist them to understand disease processes and opportunities for practicing infectious control measures in hospital and community settings. A laboratory component is included to facilitate students learning.

Course Title and Code: BIostatISTICS (BST 312)

Credit Hours: 2 (2 +0 + 0)

This course provides an introduction to selected important topics in bio statistical concepts and reasoning. Specific topics include tools for describing central tendency and variability in data; methods for performing inference on population means and proportions via sample data; statistical hypothesis testing and its application to group comparisons; issues of power and sample size in study designs; and random sample and other study types.



Level Six

Course Title and Code: Maternal Nursing – Theory (NUR 361)

Credit Hours: 3 (3 + 0 + 0)

The course focuses on woman's health condition including the different stages of childbearing period. It emphasizes on the factors that affect women's health condition during pre-natal, labor, delivery, and post-partum periods. Moreover, it discusses different female reproductive system disorders as well as utilizing the nursing process as guide for client care. In addition, this course covers newborn care in relation to normal and abnormal conditions.

Course Title and Code: Maternal Nursing - Clinical (NUR 362)

Credit Hours: 3 (0 + 0 + 9)

This course focuses on the nursing clinical application related to obstetrics, gynecology and newborn care by utilizing nursing process as a framework. Furthermore, it enables students to master the required competency skills and provide needed health education.

Course Title and Code: Pediatric Nursing - Theory (NUR 363)

Credit Hours: 3 (3+ 0 + 0)

This course offers the essential nursing care concepts in health and sickness of children. It focuses on health promotion, disease prevention and acute and chronic health conditions. In addition, it discusses child growth and development, family influence and role in child health promotion and care. Moreover, it describes communication strategies utilized by nurses with children of all age groups.

Course Title and Code: Pediatric Nursing - Clinical (NUR 364)

Credit Hours: 3 (0 + 0 + 9)

This course focuses on the clinical application related to nursing care of the child considering the family role throughout the health-illness continuum, utilizing nursing process as a framework. Furthermore, it enables students to master the required competency skills and provide needed health education.

اسم ورمز المقرر الدراسي: النظام الاقتصادي في الاسلام IST 201

عدد الساعات المعتمدة : 2

المقرر يتحدث عن النظام الاقتصادي الإسلامي وأهم خصائصه وأهدافه مع عرض موجز لأهم الأنظمة الاقتصادية الوضعية وبيان موقف الإسلام منها ثم الحديث عن التكافل الاقتصادي من وجهة نظر الإسلام مع التطرق لأشهر التعاملات المصرفية وبيان تكييفها الشرعي ثم الختم بالحديث عن التأمين وأنواعه وأحكامه .

Course Title and Code: Psychology for Healthcare (PSY 203)

Credit Hours: : 2 (2 + 0 + 0)

The course describes historical perspectives of psychology. The scientific definition is clearly defined. Different psychological theories and schools of thought will also be discussed. Sections of major psychological disorders and coping mechanisms to deal with them are also included in the course.

Course Title and Code: Research Methodology (RM 320)

Credit Hours: 2 (2 + 0 + 0)

This course is taught as a unified subject for Baccalaureate Students College wide. It is designed to provide undergraduate students with basics of research skills in order to execute their proposed research idea as a graduation project.

Level Seven

Course Title and Code: Critical Health Nursing - Theory (NUR 471)

Credit Hours: 3 (3+ 0 + 0)

This course focuses on the knowledge and skills required for providing comprehensive care for critically ill patients. It discusses life-threatening and critical conditions including etiology, pathophysiology, clinical manifestations, diagnostic procedure and therapeutic management. Additionally, it explores nursing roles to achieve physiological and psychological stability for critically ill patients utilizing nursing process as a guide of care.

Course Title and Code: Critical Health Nursing - Clinical (NUR 472)

Credit Hours: 3 (0 + 0 + 9)

This course focuses on nursing clinical application of theoretical knowledge and skills for patient with life threatening and critical conditions in critical care settings. It emphasizes on assessing, monitoring and managing critically ill patients with hemodynamic instabilities, neurological alteration, multisystem dysfunction and other critical conditions utilizing nursing process. It enables the student to master the required competency skills to deliver effective nursing care.

Course Title and Code: Psychiatric - Mental Health Nursing - Theory (NUR 473)

Credit hours: 3 (3+ 0+ 0)

This course introduces principles of psychiatric-mental health nursing, common mental health disorders, and management of the mentally ill in hospital and community. It also focuses on present day therapeutic modalities in light of psychological, social and cultural factors affecting human behaviors.

Course Title and Code: Psychiatric - Mental Health Nursing - Clinical (NUR 474)

Credit Hours: 3 (0 + 0 + 9)

This course focuses on the clinical application of comprehensive care for psychiatric client considering the family role utilizing nursing process as a framework. Furthermore, it prepares students to master the required competency skills to build a trustful nurse-patient relationship, employ therapeutic communication techniques, and provide needed health education.



Course Title and Code: Sociology (NUR 431)

Credit Hours: 2 (2 + 0 + 0)

The course highlights how sociological perspective is integrated in health care practices. It prepares the student to recognize social forces such as culture, institution, beliefs that influence individual's health, perceptions, actions, and opportunities. In addition, it presents the extent of alteration in health status that impacts individual's social life.

Course Title and Code: Principles of Learning and Health Education (NUR 475)

Credit Hours: 2 (2 + 0 + 0)

This course equips the students with the necessary knowledge and skills required as an educator. It emphasizes on principles of teaching and learning including learning theories, teaching strategies, educational objectives, evaluation methods, and devolving lesson plan. Additionally, it gives special attention to health education for the elevation of health awareness of clients as well as changing their attitude and health behaviors within the context of their cultural background.

Course Title and Code: Health Informatics (HIS 404)

Credit Hours: 2 (2 + 0 + 0)

The course is designed to present basic concepts of health data management, information technology and systems in healthcare settings, especially the acute care environment. Functions of the health record as well as content and structure of the health record will be presented. Characteristics of the electronic health record (EHR) and its planning and implementation will be covered. In addition, fundamentals of information systems and healthcare information systems that are utilized for managerial and clinical support will be examined.

Level Eight

Course Title and Code: Community Health Nursing - Theory (NUR 481)

Credit Hours: 3 (3 + 0 + 0)

This course introduces health concerns and needs of Saudi Arabian community. It presents the nurse's role in providing promote, preventive, curative and rehabilitative care to individuals, groups, families, and community as a client. It focuses on concepts of primary health care including home and school healthcare as well as occupational, environmental health and safety.

Course Title and Code: Community Health Nursing - Clinical (NUR 482)

Credit Hours: 3 (0 + 0 + 9)

This course is the clinical application of theoretical knowledge and skills in community health nursing. It focuses on nurse's role in health promotion and disease prevention of individuals, families and communities within diverse healthcare settings considering cultural background. Moreover, it utilizes the nursing process as a guide in providing holistic nursing care.

Course Title and Code: Leadership and Healthcare Management (NUR 483)

Credit Hours: 3 (3+ 0 + 0)

This course focuses on the knowledge and skills required for nursing leadership and management. It discusses leadership roles and management functions such as planning, staffing, conflict resolution, delegation, decision making and supervision. In addition, the course addresses building cultures of quality and safety in complex health care systems using multiple strategies and managing resources for cost effectiveness.

Course Title and Code: Professional Issues in Nursing Practice (NUR 484)

Credit Hours: 3 (3+ 0 + 0)

The course focuses on the impact of contemporary issues in the nursing profession at regional, national, and international level. It discusses the legal, ethical, moral, and cultural concerns integrated in practice of nursing. In addition it emphasizes on the concepts of autonomy, accountability, advocacy and assertiveness as integral elements in the profession throughout the course.



Course Title and Code: Graduation Project (NUR 485)

Credit Hours: 2 (2 + 0 + 0)

This course allows the students to design a group research project focusing on health related topics under supervision. It gives students the opportunity to apply research skills such as writing research proposal, searching related literature, obtaining ethical approval, data collection, analysis, and dissemination. In addition, practice of academic honesty is emphasized.

Course Title and Code: Epidemiology (NUR 425)

Credit Hours: : 2 (2 + 0 + 0)

This course introduces students to the principles and concepts of epidemiology science including the definition, background and applications. The course will focus on epidemiological approach of defining and measuring the occurrence of health-related states in populations, as well as investigation and application of disease prevention and health promotion.

اسم ورمز المقرر الدراسي: النظام السياسي في الإسلام IST 300

عدد الساعات المعتمدة : 2

بيان التجربة الحية في معالجة الأفكار المترددة بين الحق والباطل والتي من خلالها يمكن تأسيس التفكير الصحيح لدى الإنسان وخصوصا الشباب وذلك من خلال وقفة تأمل وموازنة بين الآراء والمذاهب التي تقيم نظرتها للإنسان والكون والحياة على نحو مختلف فيه عن الإسلام الحق.

Nursing Internship Program

PSMCHS nurse internship program is a one-year long with distinct phases that are planned to assist the student nurse with an opportunity to apply the theory learned in all BSN courses. The program is highly supportive, with clinical learning experiences, narrative reflective assignments and structured computer-based learning.

PSMCHS nursing internship program provides the nursing students with the skills set needed to transition with confidence and competency to entry-level generalist clinical nursing practice. While providing the needed skills to meet the respective clinical organization goals and mission. The program provides nursing students with the leadership skills to work collaboratively within a multidisciplinary team.

The program bridges the gap between undergraduate education and entry-level professional nursing practice. The nurse internship program is arranged for all senior nursing students upon successful completion of the structured on campus-nursing curriculum within four years.

Duties and definitions:

1. The period of internship is defined as 48 weeks.
2. This period of 48 weeks should be completed in the training institution regardless of time spent by the interns as night duty, work on weekends or overtime as required by regular staff. Interns will follow exactly the working hours and working procedures of the host institution.
3. Absences from work not substantiated by certified medical excuses will be reported and penalties will be assessed in terms of missed time. Tardiness will likewise be subject to punishment.
4. Periodic reports will be made by the preceptor of the host institution. Any final evaluation below satisfactory will mean repeating such portion of the internship at the end of the regular period.

Aims:

The internship program is designed to give the nursing students an opportunity to obtain related experiences in the operation of nursing services in selected site.

To reinforce the knowledge and skills gained in classrooms and practical experience from the College program. The internship includes but not limited to:

- Perform a wide range of routine procedures within a related scope of practice.
- Learn to communicate effectively with other medical, nursing and allied health care professionals.
- Develop professional ethics and behavior through interaction with other professional workers in the Health-care field.

General Objectives:

The general objectives of the internship program are to:

- Demonstrate critical thinking skills in the application of the nursing process when caring for Patients with a variety of health problems.
- Reinforce the knowledge & skills gained, in classroom and skill laboratory, from the nursing Program.
- Demonstrate safety and competency in the performance of a wide range of nursing procedures Applying principles involved.
- Communicate and collaborate with health care providers.
- Utilize creative thinking in the planning and delivery of nursing care.
- Increase awareness and understanding of the organizational structures, functions, practices, and Policies of the host institution.
- Demonstrate professional ethics and behavior through interaction with members of the health care Providers, patients and families.
- Demonstrate beginning leadership and managerial skills.
- Utilize the advanced technology and Evidence paced practices to improve quality of care.
- Participate in planned teaching activities as seminars conferences, round, etc.

Clinical Rotation Schedule

Course Code	Course Name	Number of Weeks	
		Skills Laboratory	Clinical Areas
NUR 232	Fundamental of Nursing - Clinical	8	7
NUR 244	Health Assessment - Clinical	14	N / A
NUR 246	Adult Health Nursing – 1 (Clinical)	5	9
NUR 353	Adult Health Nursing – 2 (Clinical)	5	9
NUR 362	Maternal Nursing - Clinical	4	10
NUR 364	Pediatric Nursing - Clinical	4	10
NUR 472	Critical Health Nursing - Clinical	4	10
NUR 474	Mental Health Nursing - Clinical	4	10
NUR 482	Community Health Nursing - Clinical	2	12

Clinical Areas

Nursing students are rotated in the following healthcare facilities to include hospitals during student's internship:

- Al Amal Hospital
- Security Forces Hospital
- Al Amal Rehabilitation Center
- King Fahd University Hospital
- John Hopkins Aramco Healthcare
- King Fahd Military Medical Complex
- King Fahd Specialist Hospital - Dammam
- King Abdul-Aziz Airbase Hospital - Dhahran
- Maternity and Children's Hospital – Dammam

Community Facilities:

- Government Schools
- KFMMC Day Care Center
- Geriatric Facility - Dammam
- Primary Care Center – Al Khobar
- Derayah School for Special Children - Khobar
- Prince Sultan Rehabilitation Center – Dammam

Grading System

The main purposes of assessment are:

1. To test how well the student has learned and mastered the course objectives.
2. To validate the efficacy of the teaching methodology and strategies.
3. To evaluate the entire content of the course.

To be educationally valid, all forms of assessment must be directly related to the aims and objectives of the course. It will provide a means, by which the student can clearly demonstrate acquired knowledge and the mastery of skills learned during the course of his studies. It will help identify, not only the nature and quality of learning, but also point to any particular strengths and weaknesses which a student may possess. Thus, in any given course, the full range of assessment would normally be used.

In addition, the assessment will have a direct influence on many other aspects of the Course, including teaching strategy and methodology, course content, course standards, aims and objectives.

The Overall Assessment for each Course Consists of Two Parts:

- Continuous Assessment.
 - * Quizzes
 - * Unit Test
 - * Midterm Exam
 - * Practical / Skills Lab
- End-of-semester or Final Examinations

Continuous Assessment is carried out on work completed and marked during the semester. A pre-determined portion of these marks consist of work carried out by the student under formal conditions, (e.g. study unit tests, classroom written and oral tests, practical tests/exam, mid-semester examination). Other marks, allocated to continuous assessment are obtained from work carried out under non-formal circumstances, (e.g. Assignments, exercises, class presentations practical and clinical competencies evaluation, etc.). All such marks are weighted and combined to yield the overall continuous assessment mark that must fall within the range, 40-60%, of the overall mark given to the course.

An end-of-semester assessment is carried out on work covering in many different aspects of the course. The end-of-semester assessment is carried out under strictly formal examination conditions at the end of each long semester. It may include a series of examination papers, practical/clinical examinations, oral examination, etc. Marks obtained from these sources are weighted and combined to give the overall end-of-semester assessment mark, which falls within the range 40-50% of the overall mark given to the course.



Students' work is critically examined and evaluated for diagnostic purposes, (i.e. to determine student progress and take corrective remedial measures, where necessary).

A. Evaluation:

Written work consists of:

1. Quizzes
2. Unit Test
3. Midterm Exam
4. Case Presentation
5. Nursing Care Plans
6. Practical / Skills Lab

B. Laboratory Experiences consists of:

1. Teaching / Learning Experiences in Nursing (T.L.E.)
2. Skill Examinations – End of Semester Evaluation – PASS / FAIL
3. Clinical Practice – End of Semester Evaluation – 60%
4. Final Clinical Exam (OSCE)

- Unsatisfactory performance in the nursing skills laboratory / OSCE may result in failure of the nursing course.



Grade	Descriptive Grade	Letter Grades	Points
95-100	Distinguished	A+	5.00
90 < 95	Excellent	A	4.75
85 < 90	Superior	B+	4.50
80 < 85	Very good	B	4.00
75 < 80	Above average	C+	3.50
70 < 75	Good	C	3.00
65 < 70	High pass	D+	2.50
60 < 65	Pass	D	2.00
< 60	Fail	F	1.00
---	In progress	IP	---
---	Incomplete	IC	---
---	Denial	DN	1.00
---	With drawn	W	---
---	Unsatisfactory	US	---

Minimum passing grade is 60 % for all courses.

Students in Nursing Department follow the PSMCHS grade appeal process as stipulated in the College Study and Examination.

Homework Element and Guidelines

The homework element is regarded as an extension to the teaching element. Homework exercises prepared by faculty members in the department are intended to give the student an opportunity to demonstrate what he/she has learned. They are designed in such a way as to require the student to search, analyze and apply any knowledge and understanding which has been acquired during his/her course.

Homework questions will appear in a variety of different formats, (e.g. multiple-choice, short and extended answers, calculations, labeling/drawing diagrams, class presentation etc.). The form and style of the question asked will be similar to that which the student will meet in both the study unit tests, mid-semester or end-of-semester final examinations. The confidence derived from these practices should not only improve a student's examination techniques, but also help to reduce any misunderstandings or misinterpretations of examination questions leading to poor academic performance

Homework Guidelines:

All homework's should be submitted with the following details or upon specific instruction from course lecturer.

1. Homework cover sheet which include details of course code, assignment topic, date of submission, lecturer who receives the assignment.
2. Homework should be submitted on plain white - A4 size paper.
3. Homework should be typed and will have the format shown below:
 - a. Font size to be 12.
 - b. Font style to be Times New Roman.
 - c. Typing to be spaced at 1.5 line spacing.
4. Student should submit her homework on the date specified by course lecturer to avoid deductions on the marks.
5. Student should check his/her work prior to submission to ensure minimal typographical errors, as this can influence marking.
6. Marks shall be deducted if the assignment is in deficit or in excess of the set word limit of the assignment.
7. The course lecturer should provide specific assignment guidelines and marking breakdowns when the assignment topic(s) is/are forwarded to the students.
8. A reference list and/or a Bibliography shall be included at the end of an assignment.

Laboratory Skills and Clinical Practice

The laboratory skills, demonstration or clinical practice is intended to reinforce the systematic element of the course, providing the student with first-hand experience of applied methods and procedures, equipment and problem solving activates.

Components of the nursing process are skills which will take the student's nurse's time to develop and acquire expertise. Constant exposure to a variety of clinical practices in the hospital will help student gain the confidence and experience necessary procedures to obtain these vital and essential skills.

Other important reasons for incorporating practical / clinical training is to consolidate the students' knowledge and understanding which help him to develop a critical approach to learning.

In the science- based course, an extensive range of activities are encountered and new skills learned (e.g. manipulation and function of apparatus, handling and use of medical devices, making observations, tabulations and recording of results, drawing and labeling diagrams, tests on and preparation of samples, report-writing and making inferences).

In the GN clinical and professional courses, the student will meet and learn to develop other important skills (e.g. clinical methods, practices and procedures, patient care and management, professional ethics and integrity, interpersonal skills and teamwork, health and safety, infection control, nurse assessment, intervention and implementation)

Following each practical or clinical session, it is intended to hold a tutorial class, where the student will have the opportunity to analyze and discuss various important aspects, which have arisen in the clinical / practical class.

The importance of these sessions cannot over-stressed, since they are meant to ensure, that the student derives the maximum benefit from the laboratory practical or clinical practice.

Moreover, these sessions will serve to highlight any deficiencies in either practical content/ instructions or the students learning capabilities / methods.

Purpose of Nursing Laboratory:

The purpose of Nursing Laboratory is to provide students an exceptional educational experience in a flexible and diverse learning environment. It aims to provide high quality learning opportunities so as to promote nursing student clinical competence. This will be achieved by:

- Encouraging active learning using Nursing principles in a controlled safe environment
- Accomplishing a vital role in implementing patient safety initiatives through laboratory -based practical education.
- Improving multi-disciplinary health care approach by helping faculty, staff and students understand their roles and communicate effectively.
- Initiating local, regional and national partnerships with pioneer colleges and universities.

Laboratory Objectives:

- Demonstrate knowledge, principles, basic skills needed to provide holistic nursing care to individuals of various ages.
- Encourage laboratory-based practical education.
- Provide educational materials for nursing students, faculty and staff.
- Provide hands-on learning experiences compatible with nursing courses' objectives as directed by the nursing department curricula.
- Reinforce independent student learning opportunities which promote a model for lifelong learning.
- Fulfill the unique learning needs of nursing students with various backgrounds, abilities, and educational experiences.
- Ensure competence of undergraduate nurses.
- Integrate Nursing Clinical Simulation into Undergraduate Nursing Education. This can be achieved by utilizing facilities of PSMCHS simulation center.
- Prepares nursing students to competently practice in hospital training.
- Introduce physiology/ health assessment, etc. into cases for second year and bridging students.
- Enhance preparedness for dealing with high acuity cases.
- Apply inter-professional and therapeutic communication skills.
- Emphasize the value of team-work and cooperation.



Attendance Policy

1. Instructors are expected to take attendance at “time zero”. For example, for a 9:30am class, attendance must be taken at exactly 9:30am. Any student attempting to enter the class after “time zero”, i.e. from 9:31 onwards in the example above, may be admitted at the discretion of the instructor but he must be marked absent on the register. **There is no such thing as excused or unexcused absences.**
2. All the cases of absence or lateness will be marked as absences on the register. Please note that there are breaks of at least 5 minutes between consecutive classes. There are 8 classes of 50 minutes each on the daily college timetable.
3. Classes should finish on time and should not cut short arbitrarily. Exceptions to this include classes used for examinations or practical, both of which may finish early if all students have completed their work.
 - A. The regular student should attend lectures, practical lessons and clinical courses.
 - B. The student is not permitted to take the final exam if his attendance is less than the percentage determined by the board (75%) of the lectures and practical lessons for each course during the semester.
 - C. The student who has been denied entry to the test due to absenteeism shall be deemed to have failed in the course; **according to the following system:**
 - The Admission and Registration Department shall direct the student a written warning if his absence exceeds 10% of the total attendance hours of the course.
 - The Admission and Registration Department shall direct the student a second written warning if his absence exceeds 15% of the total hours of the course.
 - The Department of Student Affairs and Academic Advisory to call the student and address the reasons for exceeding absenteeism.
 - The Admission and Registration Department shall provide the student with a third and final written warning (if possible) if his absence exceeds 20% of the total attendance hours of the course.
 - Students of the specialized stage are prohibited by a decision of the Academic Affairs Council or the person who authorizes him to continue studying the course. The final exam is considered a failure if the percentage of absenteeism in any course increases with or without an excuse for 25% of the total lectures.

Examination Rules and Regulations

- a. Students will remain outside the examination room until directed to enter by the senior invigilator.
- b. All examinations should start and end promptly at the scheduled time.
- c. Students must wear the college uniform, female students are not allowed to wear Abaya, Hijab or Niqab during examinations (except in case of a male present, it is only allowed to wear Hijab and Niqab not Abaya).
- d. Students must place all bags and other items outside the classroom.
- e. Students are required to sign their name on the exam attendance sheet (with his/her ID card).
- f. Student's name and academic ID must be clearly placed on the examination booklet and applicable answer sheets.
- g. Students are not allowed to enter the exam room without the student ID card. Once the students have been seated, they must display their student ID cards on their desks, photo side up. Students are not allowed to conduct further conversations.
- h. Writing on desks or computers is prohibited. Please ensure to put your chair back in place before you leave the classroom.
- i. Late students are allowed entrance up to 30 minutes past the start time. Please note that no student may depart prior to 35 minutes after the start.
- j. Students must bring sufficient equipment to the exam and may not borrow from others during the period.
- k. Students must have the blackboard password before the examination time.
- l. Students are not allowed to leave the exam room for any purpose (including toilet) during the exam period unless they submit the exam paper or sign out for online exams.
- m. Students are forbidden to bring cell phones, watches with camera, any audio visual devices or using any translation system into examination room. They are treated as a source of cheating.
- n. Cheating will subject the students to disciplinary actions and failure.
- o. Should a student experience comprehension problems to the examination process during the examination, or completes his examination he/she must alert the invigilator by raising a hand. Only, he/she will quickly and quietly depart the facility.
- p. Students are not allowed to tamper with the computer, electrical connectors and internet which May lead to disconnect the computer during the exam and loss time and information.

For more information see the college web site:

<http://www.psmchs.edu.sa/images/exams-rules-and-regulations-2017-2018Students.pdf>

Academic Integrity

Standards of Academic Conduct (Behavior)

As an academic institution committed to the discovery and dissemination of truth, PSMCHS believes that all members of the college community shall conduct themselves honestly and with professional demeanor in all academic activities. Nursing faculty has established standards of academic conduct because of its belief that academic honesty is a matter of individual and college responsibility and thus, when standards of honesty are violated, each member of the community is harmed.

Furthermore, members of the college community are expected to acknowledge their individual responsibility to be familiar with and adhere to the Academic Integrity Policy.

Violations of Academic Integrity

Violations of the Academic Integrity Policy will include, but not be limited to, the following examples:

Statement on Cheating:

The following statement is a supplement to the College Rules and Regulations on Cheating. They are presented to ensure that cheating will not be allowed. Should cheating occur, students should be aware of what action will be taken by the faculty.

Academic dishonesty cannot be condoned. When such misconduct is established as having occurred, it subjects the students to possible disciplinary actions ranging from admonition to dismissal, along with any grade penalty the instructor might, in appropriate cases, impose. Procedural safeguards of due process and appeal are available to the students in disciplinary matters.

A. Cheating during examinations includes any attempt to:

1. Look at another student's examination paper with the intention of using their answers for Their personal benefit.

2. Communicate by any means and in any manner information concerning the content of the examination during the testing period or after the examination to someone who has not yet taken the examination.
3. Use any materials, such as notebooks, notes, textbooks, or other sources, not specifically designated by the instructor of the course for student use during the examination period.
4. Engage in any other activity for the purpose of seeking aid not authorized by the instructor.

B. Plagiarism is the copying from a book, article, notebook, video, and/or other source material, whether published or unpublished, without proper credit through the use of quotation marks, footnotes, and other customary means of identifying sources or passing off as one's own the ideas, words, writings, programs, and experiments of another whether or not such actions are intentional or unintentional. Plagiarism will also include submitting, without the consent of the instructor, an assignment already tendered for academic credit in another course.

C. Collusion is working together in preparing separate course assignments in ways that are not authorized by the instructor. Academic work produced through a cooperative (Collaborative) effort of two or more students is permissible only upon the explicit consent of the instructor.

D. Lying is knowingly furnishing false information, distorting data or omitting to provide all necessary required information to the college's advisor, registrar, admissions counselor, instructor etc., for any academically related purpose.

E. Other concerns that relate to the Academic Integrity Policy include such issues as computer security, stolen tests, falsified records, and vandalism of library materials. No list could possibly include all the possible violations of academic integrity. The examples given should however, give a clearer idea of the intent and extent of applications of this policy.

Faculty Responsibilities for Upholding Academic Integrity Policy

- A. Faculties are expected to be familiar with the Academic Integrity Policy. Each faculty member will inform students of the applicable procedures and conditions early on in each semester before the first examination or assignment is due.
- B. Ordinarily, class tests and final exams should be proctored. Proctoring is defined as having a faculty member present in the room. Proctoring is the responsibility of the faculty member teaching the course although, where necessary, that responsibility may be shared with or delegated to faculty colleagues or graduate assistants assigned to the course.

Nursing Students Standards of Conduct

A Nursing student is expected to follow the Saudi Commission of Health Specialties Code of Ethics for Nurses.

The Code of Academic and Clinical Conduct are based on an understanding that to practice Nursing as a student is an agreement to uphold the trust with which society has placed in the profession. The statements of the code provide guidance for the nursing student in the personal development of an ethical foundation and need not be limited strictly to the academic or clinical environment but can assist in the holistic development of the person.

As a student is involved in the clinical and academic environment, ethical principles are a necessary guide to professional development. Therefore within these environment the student will:

1. Advocate for the rights of all clients.
2. Maintain client confidentiality.
3. Take appropriate action to ensure the safety of clients, self, and others.
4. Provide care for the client in a timely, compassionate and professional manner.
5. Communicate client care in a truthful, timely and accurate manner.
6. Actively promote the highest level of moral and ethical principles and accept responsibility for our actions.

7. Promote excellence in nursing by encouraging lifelong learning and professional development.
8. Treat others with respect and promote an environment that respects human rights, values and choice of cultural and spiritual beliefs.
9. Collaborate in every reasonable manner with the academic faculty and clinical staff to ensure the highest quality of client care.
10. Use every opportunity to keep faculty informed of learning needs.
11. Seek mentoring opportunities from clinical staff, faculty peers.
12. Refrain from performing any technique or procedure for which the student has not been adequately prepared.
13. Refrain from any deliberate action or omission of care in the academic or clinical setting that creates unnecessary risk of injury to the client, self, or others.
14. Assist the staff nurse or preceptor in ensuring that there is full disclosure and that proper authorizations are obtained from clients regarding any form of treatment or research.
15. Abstain from the use of beverages or any substances in the academic and clinical setting that impair judgment.
16. Strive to achieve and maintain an optimal level of personal health.
17. Support access to treatment and rehabilitation for self and others who are experiencing impairments related to substance abuse and mental or physical health issues with faculty consultation.
18. Uphold College policies and regulations related to academic and clinical performance, reserving the right to challenge and critique rules and regulations as per College grievance policy.

Failure to uphold the Nursing Student Standards of Conduct and the PSMCHS

Academic Integrity Policy may result in dismissal from class, course, program and/or college.

Dress Code

A. College

A professional image must be manifested through appropriate dress and behavior. Students must wear appropriate attire and follow department guidelines.

1. Students shall be appropriately and neatly attired so as not to distract from the learning process.
2. Students should wear neat and clean college uniform in the college all the time with white coat With PSMCHS logo issued by PSMCHS.
3. College ID is to be worn by students all the time when inside college premises.
4. The college dress code has to be adhered to as addressed in the master college entrance contract.
5. Personal hygiene and professional appearance will be observed.
6. Shoes or sneakers/ sport shoes to be used and no slippers/ open toe shoes or sandals are allowed, For the safety of the students.
7. The hair and the nails to be short. Hair must be neat, clean, worn off the collar. Beards and Mustaches must be clean.
8. The clothes to be clean and tidy.
9. The college dress Color: First year: Purple /Specialties: Turquoise while wearing the lab coat all the time.
10. Students arriving wearing inappropriate attire may not be able to participate in the training Evolutions, for the safety of the student.
11. Staff members accept the responsibility for reasonable interpretation of this policy and advising Of the student in its regard.



Clinical Area:

Students are expected to adhere to the following in its entirety when on duty. It is the student responsibility to buy their own uniform.

1. White, loose – fitting skirt / loose pants.
2. White, loose – long sleeved nursing top.
3. White plain undershirt.
4. White plain socks or stockings.
5. Shoes = white, flat, closed – In - toe and rubber soled.
6. White head covering.
7. No face make-up shall be worn in the clinical environment.
8. No mobile phones allowed at all times.
9. Long finger nails, nail polish are not allowed in the clinical environment.
10. No jewelries (except for a wedding band & a wrist watch) and any accessories are allowed in the clinical environment.

Student Responsibilities when in Clinical Area

1. To participate and perform direct patient care under the supervision of a Clinical Instructor.
2. In discussion with the instructor will complete own learning objectives as dictated by the college.
3. Clinical assessment tools will be completed with the Instructor during and prior to completing the clinical rotation.
4. Be open to receiving constructive feedback throughout the clinical rotation and provide constructive feedback through the feedback form at the end of the rotation.
5. Be willing and prepare to discuss patient assignments and be able to articulate pertinent knowledge prior to direct patient care.
6. For all tasks that are undertaken during the rotation, be willing to discuss with the instructor the rationale and outcomes of the activity.
7. Report all findings and outcomes back to instructor after providing care.
8. Any issues or concerns regarding clinical rotation should be discussed with the allocated clinical instructor

9. At all times, student nurses should demonstrate that they have the knowledge, skills and abilities necessary to perform a specific task/nursing intervention. Student nurses must also adhere to college scope of practice.
10. It is the student nurses responsibility to be accountable for their actions and ensure they are working within the appropriate scope of practice.
11. It is expected that when a student nurse undertakes tasks, they are beginning to think like an entry to practice level nurse. This involves critical thinking about the rationale behind why they undertake all activities and how the patient will be affected by each action.

Student Admission Requirements

The applicants to the program has to fulfill the following conditions for admission:

- a) The applicant must be Saudi.
- b) The applicant should obtain a cumulative grade of 85% in the high school degree in science section.
- c) The applicants must have obtained the results of general aptitude tests (GAT) 70% and academic achievement test about (65%) as a minimum.
- d) The period after graduation from the high school should not exceed 3 years and the priority is for the same year's graduates.
- e) The applicant's age should not exceed 23 years old at the time of application.
- f) The candidate will be a full time student.
- g) The applicant must obtain a medical fitness report approved by the college.
- h) The applicant should not be previously dismissed from the college for an academic or a punitive reason nor from another college for any punitive reason.
- i) The application is done electronically through the college website www.psmchs.edu.sa/psmchsreg , the applicant will be held responsible for the given information. The registration will be cancelled if wrong information is confirmed and the applicant will no longer be accepted again.
- j) Female students are accepted in Bachelor Science of Nursing

For more information please see the college web site:

<http://www.psmchs.edu.sa/admission-ar/2014-01-27-08-43-23/2014-01-27-08-45-09/diploma-bsc-requriments>

Immunization Requirements

In order to be eligible for clinical placements nursing students must provide proof of the Influenza Vaccine that is recommended annually, Hepatitis B and German Measles Vaccine from KFMMC. Moreover, students must comply with any additional requirements imposed by the clinical institution to which the student is assigned.

Department Facilities

Nursing Department is located on the second floor of the female building (Building # 235) near PSMCHS main building and within the compound of King Fahad Military Medical Complex.

The department has a very good facilities and has suitable number of classrooms that is adequately equipped with state of the art technology that helps in the delivery of teaching. There are 7 classrooms intended for teaching and caters adequate number of nursing students.

The department has skills laboratories (basic and advance), audio – visual laboratories, operating theater, computer and technology equipment as well as materials and supplies that is sufficient in the demonstration and return demonstration of nursing procedures that will help the students to become an efficient professional nurse. Facilities and supportive services includes the following:

Nursing Skills Laboratories:

There are three nursing skills laboratories; one basic skills laboratory, one advanced skills laboratory and an audio-visual laboratory with appropriate equipment and sufficient medical supplies to fulfill the training needs of nursing students. The department also has high fidelity manikins which are utilized for teaching and practice in order for the student nurse to be competent in each nursing procedure. With a prepared scenario, the department also can utilize the advance clinical simulation center in PSMCHS main building where students have the chance to portray the role of a nurse in a controlled environment.

Computer Laboratories:

Computers are used extensively in healthcare facilities, therefore computer literacy for nursing students is expected when accepted to the program. There are three computer laboratories with 36 computers situated in the 2nd floor of the nursing building.

Library Facilities:

Library is considered as the heart of every institution where teachers and students stay for enrichment of knowledge. College library is situated in the ground floor of PSMCHS main building with its purpose to ensure that all library readers have equal access to library's resources and that where an essential book is urgently needed, the reader will always be facilitated.

PSMCHS library have a vast collection of updated books that is easily accessible for faculty, staff and students to include research books, literature collections, printed and E-journals covering medicine and life sciences.. It is open from Sunday to Thursday from 7:30am – 4:00pm. It is fully equipped with computers with internet connection where students can search for various topics related to the course. Library services also includes printing, scanning and photocopying of course materials. Library environment is spacious and conducive for learning where tables and chairs are arranged properly to facilitate individualized or group learning. Library staff is always available and very accommodating to welcome faculty, staff and students and are willing to extend assistance all the time.

Nursing department faculty, staff and students has access to the Saudi digital library in which it provides a chance to access updated books, references related to nursing specialties, moreover data base for research purposes.

Electronic Library facility provides students with opportunities to access textbooks, journals, and thousands of scientific articles published daily and many more. PSMCHS library is in collaboration with King Abdul Aziz City for Science and Technology (KACST) from which the students can access the resources of KACST like the E-books, journals, research citations etc. inside the library using their own username and pass word. From the library website we can also access many free resources like king Salman Armed Forces Hospital (Saudi Medical literature), free E-books and medical journals

E- Learning facilities: The College has implemented a learning management systems (LMS) through Black Board learn, Black Board collaborate and Black Board mobile systems. The security of the data including the exams is ensured in Blackboard. The college learning management system (LMS) is hosted in Blackboard Company data center in Riyadh, this data center is hosting most of the universities from the kingdom, and it's advanced, huge, secured, and updated with latest technology. Blackboard provides students access to learning and study materials anytime and anywhere.

PSMCHS Student Information System (Banner) is a web and window's based customized academic record system which requires a password and contains student's personal information, courses and grades accessible for the student, academic advisor and designated individuals.

Classroom

PSMCHS consists of two buildings for teaching and learning. Building #235 is the newest building, referred to as the Nursing Building. This building is only for female faculty, staff, and students. It is an extension of the main building, which is Building 80. Appropriate space per student for basic classroom requirements is 2.0 m² per student. At this point, the majority of PSMCHS's classrooms and laboratories met the requirements. There are approximately twenty students in each class, which creates the appropriate interactive environment for optimum learning.

The program mainly uses the classrooms at the Nursing Building (building #235) for its lectures and laboratories.

Other services:

1. Cafeteria – 1st floor
2. Rest Rooms – all floors
3. Prayer rooms – 2nd floor
4. Transportation Services
5. Mess hall - near Nursing building
6. Furnished accommodation – near Nursing building
7. Recreation facilities (gym, sauna, tennis courts, swimming pools)

PSMCHS provides also free medical treatment to students in collaboration with KFMMC. Students have online access to student guide, rights and responsibilities, academic calendar etc.

General and safety requirements are available in the department like smoke detectors in all rooms and corridors, fire extinguishers, fire escape plan, emergency exits etc. these facilities are monitored and managed in collaboration with the KFMMC fire protection department. Emergency hotline numbers like 6000 for fire and 4444 for general emergencies can be utilized to avail support from KFMMC.

The department also has two store rooms one in the first floor and another in second floor of the nursing building to accommodate equipment and supplies as well as course materials.

Student Academic Advising and Counseling Services

Academic advising is an ongoing interactive process involving the student, advisor and institution. The primary goal of which is to assist students in the development and accomplishment of meaningful educational plans that is compatible with their life goals.

Academic advisors have a deep understanding of the curriculum, faculty, college rules and regulations, deadlines and academic policies. They can guide students every step of the way by helping them not only select appropriate courses but also determine the correct sequence in which they should be taken. They can help in choosing an appropriate major based on ones interests, aptitudes and goals in life. They have knowledge of the academic culture and can let students know how to take full advantage of all the opportunities available at the college.

The components of the academic advising system (student, advisor and institution) work together to achieve goals and objectives that include:

- 1) Helping students develop an educational plan and choose an appropriate course of studies to meet their academic and life objectives.
- 2) Ensuring that students are aware of opportunities and resources that can assist them in achieving their educational goals.
- 3) Assisting students in interpreting college policies and procedures.
- 4) Facilitating resolution of academic problems, conflicts and concerns, as appropriate.
- 5) Referring students as necessary to other resource unit.

The program provides counselling services through academic advising. An academic advisor is assigned to a group of 10-12 students. The academic advisor is responsible for providing students on the following activities:

- a. Educational guidance and assistance for students by planning schedules.
- b. Determine and facilitate appropriate solutions for academic concerns and issues throughout the academic school year.
- c. Assist students' in their academic needs like adding and dropping courses.
- d. Refer students to other support units as necessary.
- e. Inform students of the available resources that would help them meet their educational objectives.

Psychological counseling:

At the college level, through student's affairs department, a psychologist specialist is available to meet with the students

Social counseling:

At the college level, through student's affairs department, social service specialist is available which provide different social activities

Career counseling:

Program don't provide career counseling yet

Responsibilities of Academic Advisor

- Know academic rules and regulations and be familiar with campus resources.
- Know the curriculum (general education or core requirements, major and minor requirements for your department).
- Publicize and keep office hours and be regularly available to students.
- Become well-acquainted with each advisee's academic progress.
- Coordinate advising and recordkeeping in your department.
- Distribute advising information to students in a timely fashion.
- To inform the student of degree requirements.
- To communicate and emphasize the student responsibility for satisfying degree requirements.
- To assist the student in his freshman year with developing a well-planned exploratory program to facilitate his choice of major and career. • To be familiar with published academic rules and regulations of the college and to maintain an up-to-date academic advising reference file.
- To help the student plan a suitable schedule of classes, at least one semester in advance.
- To discuss with the student his academic performance and its implications.
- To refer the student to appropriate sources of information and services.
- To utilize college resources, in the course of advising.
- To determine if other advisors are assisting his/her students, and, if so, to coordinate with them regularly.
- To meet with students as requested, or required.

Responsibilities of the Student

Students admitted to the college are responsible for understanding and meeting certain responsibilities regarding undergraduate degree regulations and procedures, degree requirements, course requirements, schedule of dates.

The responsibilities-when necessary of students regarding academic advising among others are to:

- Seek advice and assistance regarding academics from the program counselor or faculty advisor.
- Learn academic rules and regulations and use campus resources.
- Learn curricular requirements for his academic program.
- Initiate and maintain regular contact with his advisor.
- Formulate academic and professional goals and have specific questions prepared for advising appointments.
- Review on a periodical basis with his advisor his progress towards graduation.
- Assume responsibility for academic and professional choices.
- Be aware that primary responsibility for selecting courses and meeting degree requirements is for the student. The advisor can suggest, recommend, and remind student of rules and requirements, but he have the primary responsibility for meeting program and degree requirements.
- Discuss his academic performance and its implications with the advisor.
- Seek help at first sign of problems; don't expect problems to be resolved without action.
- **More information is reflected in the college web site.**

Support for Students with Special Needs

The college does not admit students who has physical and mental disabilities therefore, the program do not have support services for these kind of students.

For under achieved students' academic counselling is available to identify, motivate and support the students. The concerned Instructor of the course notifies the student's academic advisor about their poor performance. Advisory process will take place through regular meetings and follow up with the student and gives necessary instructions and guide to her in the studies to overcome the difficulties faced by the students

For gifted, creative, and talented students many programs are available to identify and motivate them. In program graduation day and international nurse's day, recognition is given to those students in the form of best nursing student award. Moreover, Student affairs Unit has policies stating that gifts should be awarded to best students for theory based on criteria like GPA > 3.5, no failures, no warnings.

On a college level, nursing students have the chance to participate in any event hosted by the college such as: College Dean's List Awards, Research Day Awards, and Best Poster Presentation Awards

Students Rights

Students Rights, Academic Guidance and Advisory Unit Objectives:

- The Students' Rights, Academic Guidance and Advisory Unit at the Prince Sultan Military college of Health Sciences seek to achieve the following objectives:
- Prepare students to learn and adapt to university life and coping strategies.
- Provide students with correct information about the college, educational policies, resources and study programs.
- Improve students' academic achievement, by raising their abilities and helping them to overcome the obstacles they may face during their academic attainment.
- Reduce the chances of academic difficulties (through preventive guidance, therapeutic guidance, and developmental guidance).
- Provide advice and assistance to college students who have academic problems.

- Provide support to students with academic difficulties and assist them to improve their academic level.
- Identify outstanding and gifted students and assist them to enhance their abilities and support their potential.
- Raise awareness of academic regulations among students.
- Raise students' awareness of study skills to reduce academic difficulties, Including how to effectively plan and manage their time,, and teach skills that will improve their academic achievement and help them achieve their highest personal potential
- Assist students to choose the appropriate specialization according to their potential and scientific orientation.
- Raise the level of academic guidance by providing excellent and trained advisory to solve all the problems arising during the students' academic attainment.

Job Opportunities after Graduation

After completing the Bachelor Program in Nursing, students are eligible to work in an entry and intermediate levels in hospitals and health facilities in Military Medical Services, Philanthropic Health Organizations, Red Crescent Society as well as private and public health sectors. Graduates can work in different domains in hospitals and healthcare organizations, and different healthcare delivery systems.

Main disciplines for graduates in hospitals and healthcare facilities are included as to the following (but not limited to):

- Including some health institutions which are considered domains for the graduates who leave military medical services or after retirement from MSD.
- 1) Materials Management (Purchasing and Storing)
 - 2) Patient Care Administration
 - 3) Admission and Discharge
 - 4) Hospital Units' Administrators in Operational Level
 - 5) Public Relations and Health Marketing
 - 6) Ambulatory Care Administrative Units
 - 7) Health Finance
 - 8) Quality Assurance and Hospital Accreditation
 - 9) Health Marketing



- 10) Hospital General Services
- 11) Case Management
- 12) Occupational Health & Safety
- 13) Physician Practice
- 14) Health Insurance (Third Party Payers)
- 15) Health Information Management and Medical Records
- 16) Governmental Relations at Hospitals
- 17) Human Resources for Health
- 18) International and Regional Health Agencies
- 19) Red Crescent Society
- 20) Long-term Services
- 21) Health Departments in Ministry of Health and Health Departments at Medical Services in The Ministry of Defense, and Industrial and Oil Producing Companies Health Facilities
- 22) Private Medical laboratories and Dental Centers
- 23) Pharmaceutical and Medical Equipment Manufacturing Industry
- 24) Outsourcing companies who are contractors or subcontractors

Nursing Program Faculty and Staff Information

Name of Faculty & Staff	Position	Extension No.	Office No.
Brig. Gen. / Dr. Yaser Al Naam	Head of Department (A) Asst. Professor	6628	Room No. 2015 PSMCHS Main Building
Dr. Magda Yousif	Asst. Professor	3625	2022
Ms. Lailani Sacgaca	Nursing Lecturer	3628	2023
Ms. Reshmi Ragunathan	Nursing Lecturer	3605	G - 029
Ms. Shangrila Joy Ancheta	Nursing Lecturer	3627	2019
Ms. Elaine Mariano	Nursing Lecturer	3630	2029
Ms. Minimole Vijayan	Nursing Lecturer	3627	2019
Ms. Nabat al Malki	Nursing Lecturer	3612	1019
Ms. Nasrah Al Dossary	Nursing Lecturer	3630	2029
Ms. Abeer Al Shamrani	Nursing Lecturer	3626	2021
Ms. Amal Al Mutairi	Nursing Lecturer	3617	1030
Ms. Abeer Ibrahim Qahl	Nursing Lecturer	3643	1026
Ms. Ameerah Al Onezei	Nursing Lecturer	3643	1026
Ms. Howaida Ali	Demonstrator	3628	2023
Ms. Kholoud Al Hassan	Demonstrator	3617	1030
Ms. Sarah Al Ojaimi	Demonstrator	3626	2021
Ms. Mawaheb Al Malki	Demonstrator	3618	1029
Ms. Areej Al Shehri	Demonstrator	3618	1029
Ms. Alanoud Al Rashdi	Bilingual Secretary	3629	2028
Ms. Muneera Al Obeidi	Female Porter	3644	-



**ALL THE BEST ON YOUR ACADEMIC
JOURNEY!!!**



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